





Our Vision: To Emerge as a Centre of Excellence in Teacher Education

Motto of the Institution सा विद्या या विमुक्तये Knowledge is that which liberates

Statement of Purpose

To enable learners to:

"Imagine" with all their minds,
"Believe" with all their heart and
"Achieve" with all their might.

The Values we cherish

Multiculturalism
Team Spirit
Scientific Temper
Eco-consciousness
Lifelong learning

Our Mission

To provide experience-based learning for multifaceted development
To contribute to national development through teacher education
To foster innovative and responsible integration of technology in education
To instill the spirit of inquiry through research
To emerge as a centre for learning Sindhi language and culture

Institutional Objectives

To foster reflective and constructivist teaching-learning approaches

To sensitize the learners towards social realities

To promote the effective use of ICT in education

To encourage teaching practices grounded in educational research

To develop global competencies and life skills among students

To inculcate values through curricular and co-curricular activities





Editorial

"Great things are done by a series of small things that are brought together."
- Vincent Van Ghogh

BTTC has always been proud to present the leaders of tomorrow that take the mission & statement of the college ahead. We constantly challenge our students to bring out their best innate abilities and talents. We provide them many opportunities to be a part of extensive workshops, seminars and field visits. This is where most of the learning, bonding and sharing takes place. Inquiry instilled through research, curricular & co-curricular activities has been an integral part of the teaching-learning regime of our college.

We recognise how each student with us has the same passion - 'to teach', aligned with the true sense of democratic values. They still always bring in a different approach, perspective and transaction. This is the true essence of learning & collaboration. This multifaceted experience enriches the persona & allows us to co-exist with many ideas.

The days our students spend at college have been a ferris wheel of emotions balanced through the camaraderie and moments where the breeze from the coast of Gateway would calmly yet swiftly come through the classroom and give lingering moments to pause & refresh!



We are thrilled to be able to showcase everything we've been up to in the past year at BTTC through this magazine. The shift from interacting through the device screens to being back on campus has been one that all of us are grateful for. This has been a year we escaped the screens and yearned for the classroom and the spaces beyond it to provide hands-on experience to all our dear students.

This magazine is a culmination of all the wonderful times we had as we came back to life on our campus and you will see the takeaway instantly with the smiles in each of these frames. The happiness that came with going back on stage and performing or just the simple interaction with each other in front of the podium or behind it.

"Reading takes us away from home, but more importantly finds homes for us everywhere"
- Hazel Rochman

With this, I wish everyone a very refreshing read of this edition of Metamorphosis!

Dr. Neelu Verma



Magazine Committee

"Individually, we are one drop. Together, we are an ocean." – Ryūnosuke Akutagawa



Dr. Raju Talreja Assistant Professor, BTTC



Dinaz Irani



Sanya Susan D'souza



Neelu Mishra



Aamatullah Bagasrawala



Samrin Khan



Ashlesha Pujara



Satya Rakshit



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Príncipal's Message



Dear All,

The "Metamorphosis" is an important annual college magazine of BTTC that provides a platform for students to showcase their creativity, talent and academic achievements. It also serves as a valuable record of our college's progress, development, history and accomplishments. I am proud of the diverse range of articles, poems, stories, and network that has been included in this year's magazine. It is a reflection of the rich and varied experiences of our faculty, student teachers, alumni and the passion they have for learning. I am also thankful to our Honourable Provost, Dr Niranjan Hiranandani and Vice-Chancellor, Dr Hemlata Bagla, HSNC University, Mumbai for their constant support and guidance. I am also thankful to our President, Secretary and Trustee of HSNC Board for always inspiring the BTTC family to advance the college's objectives towards excellence. This metamorphosis is a testimony of BTTC's commitment to excellence in education and providing students with holistic education. It is a collection of memorabilia of the vibrant and dynamic learning community we have built here, where student teachers of all the programs of Ph.D, B Ed, ECEP and D.El.Ed have explored their interests, developed their skills, and formed lifelong friendships.

I will urge all our student teachers and stakeholders to read this magazine, appreciate the hard work and talent of the peers, and be inspired by their accomplishments. I am confident that this year's magazine will be a source of inspiration and pride for our college and the wider community. It gives me immense pleasure to congratulate Dr. Neelu Verma, faculty and the Editorial team on the successful completion of our college's annual magazine. I would like to thank all the contributors, writers, editors, alumni, stakeholders and designers for their hard work and dedication to make this magazine a reality. Thank you for your commitment to excellence and for making this year's magazine a great success.

Sincerely,

Dr. Bhagwan Balani





HSNC University, Mumbai

"The mediocre teacher tells. The good teacher explains. The superior teacher demonstrates."

The great teacher inspires." Through my years of experiences, there is nothing that impacts a studentgreater than their rapport with their teacher. No curriculum, syllabi or exam can do justice without a great teacher! A great teacher can inspire and aspire students to uplift themselves and others around them. This is exactly what this beautiful college resonates with.

I truly appreciate the continuous efforts of Bombay Teachers' Training College that strives to make Young Leaders and Educators. The curriculum truly lives by the mission of the institution. Each time I have had a personal encounter with the culture of the college it has left me awestruck! The amount of in-depth hustle and the ever shining faces of these envisioned teachers brings about a deep essence of belongingness and vision for the future of this generation. The students hold great talent, and let me not forget to mention the hands who mold these potential teachers tobe great leaders. I am extremely proud to see our faculty members bring out knowledge into life. The training this college has been providing is marvelous, even during the uncertainty of the 'Pandemic' raging. It didn't settle in giving out best experiences to our students. The 'Digital World' brought its own challenges and hardships and I am glad to be a witness of how effective the college was in moving and adapting the digital structure by making learning possible. BTTC has indeed thrived in enabling students to have a holistic and an adaptable personality.

I would conclude by congratulating the Principal, Dr. Bhagwan Balani, Registrar and Dean, Faculty of Humanities & Social Sciences, HNSC University, Mumbai and all the teachers for their vocational commitment and zeal in nurturing and enabling teacher-trainees to be great givers to education. It is through teachers, we see a ray of hope that will help us build a world that is socially, emotionally and ethically uplifting. However, it's my pleasure to be a part of this beautiful teaching community that is hooked upon giving out its best to the world at large. Here's conveying my best wishes for many more successful years of service and prosperous growth. Thank you.

Dr Hemlata K. Bagla

Vice Chancellor, HSNC University, Mumbai

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Dr Mranjan Kiranandani



"Keep away from people who try to belittle your ambitions. Small people always do that, but the really great ones make you feel that you, too, can become great." - Mark Twain.

It is my great pleasure to address this beautiful bunch of ever-growing teachers who will eventually turn out to be great success stories to the society at large. I am personally quite intrigued by Mark Twain's quote as he beautifully envelopes the essence of this great vocation. It is you my dear teachers who build a community of ambitious leaders, potential individuals and rise towards a challenging future.

I am proud to see the remarkable growth Bombay Teachers' Training College has established over the years. It has excelled in all its endeavors. I have witnessed the students thrive and cross great heights with the amount of effort and hard-work woven by every single mentor who ministers to add value in the life of these budding teachers. The world of education has been constantly changing and shaping itself to be more challenging and exceedingly commendable. I am glad to notice how along with the modifying times BTTC has also moved parallelly by enhancing to train teachers efficiently to meet the educational demands of the world.

However, with deep gratitude! I would like to congratulate Principal Dr. Bhagwan Balani and all the driving teacher-trainers who are enabling us to look at a future which is more promising, fulfilling and leading towards great accomplishments. It is through your immense hard-work and dedication we see the future of education grow brighter. Conveying my warmest blessings and best wishes for your future endeavors. You my dear students are the light-bearers. Rise and Shine! Thank you.

Dr Niranjan Hiranandani

Provost, HSNC University, Mumbai

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"Education is the most powerful weapon which you can use to change the world." - Nelson Mandela

Bombay Teachers' Training College, a premier college of education, is known as a centre of excellence in teacher education and has been on the mission to educate, enlighten and empower the students who will soon become teachers to bring in change in the world where we can live in peace and harmony.

BTTC family is a team of highly qualified and dedicated faculty members who leave no stone unturned in imparting knowledge and skills to the budding teachers. Our state-of-the-art facilities and infrastructure ensure that our students have access to all the necessary resources to excel in their academics, pedagogical pursuits, professional skills and social endeavours.

BTTC faculty's constant endeavours are towards the holistic development of our student- teachers. We also encourage them to participate collaboratively in various co-curricular and extracurricular activities that help them develop their personalities and enhance their professional skills.

BTTC's commitment to providing high-quality education and training to student teachers has clearly paid off, and I am very pleased to see that student-teachers are now reaping the benefits of their hard work and dedication. BTTC's success in placing student-teachers in the top-most schools of Mumbai and Dubai is testament to the unwavering commitment to ensuring the success of the students.

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I appreciate BTTC faculty's efforts in promoting inclusivity and diversity among its students. This includes creating an inclusive environment that respects and values differences and encourages collaboration and learning from diverse perspectives.

In conclusion, I would like to express my sincere gratitude to all the students, faculty members and staff who have made BTTC a centre of excellence in teacher education. I urge all our student teachers to continue working collaboratively towards their goals and aspirations and make the most of the opportunities that come their way.

Best wishes for a bright and successful future.

Sincerely,

Anil Harin

Anil Harish President, HSNC Board

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HYDERABAD (SIND) NATIONAL COLLEGIATE BOARD

Trustee & Former President
Mr. Kishu H. Mansukhani
B.S.-M.E.



"Teachers are like Sculptures who mould the students character to become more responsible human beings." - Revered Sadhu Vaswani

Bombay Teachers Training College has always done justice to the above vision by creating teachers whom I have seen bloom in various parts of the globe. I feel delighted to see how it has been widening its scope every passing year.

When we focus on education, we look in a direction that is positive, enlightening and fulfilling.

The deep desire that BTTC students carry in bringing about service and change to the society at large is our greatest strength. With the rising demands of the 'Digital World,' I am happy to see how swiftly our students moved in adapting and improving the teaching-learning experience through digital platforms.

The pandemic took an undesired turn from the normal active learning classroom to a hybrid mode of learning. But I am proud to say Dr. Bhagwan Balani along with his team has done a fabulous task by running the show for full-fledged teachers of tomorrow.

I wish college to achieve many more great educational milestones and make BTTC a place of growth, service, aspirations and success.

My best wishes to the teaching & non teaching staff and students to fly higher and build a happy LEARNING COMMUNITY through their immense contribution towards community service and reaching out to society at large.

Kishu H Mansukhani

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"Give a man a fish and you feed him for a day; Teach a man to fish and you feed him for a lifetime"



The Bombay Teachers Training College, the premier college of education in Mumbai, prepares students not just for their field of work but also for their life. The teachers trained at BTTC can acquire all the qualities of a great teacher and our students taught by BTTC teachers are in very safe hands.

Last year, BTTC organized various seminars & webinars on topics like mental health, outcomebased education, mindful investment of money, women's development as well as fitness and yoga which shows the dedication of faculty members to serve a significant role in the field of education and in the service of the country.

As I look ahead, I can visualize that the College has progressed and will continue to grow in pursuit of higher standards of teaching, research, and shape the dreams of its students.

I wish BTTC to continue doing the good job of preparing excellent teachers and scale better heights to shine like a guiding star in the field of education. May BTTC always continue this journey on the road of excellence to grow into a sturdy tree and spread its branches in the service of Education.

Metamorphosis is the magazine which comes out, every year, with the innovative & informative ideas of their teachers of tomorrow. I compliment the entire team of Metamorphosis for their determined efforts in bringing out this magazine.

I wish the very best to Dr.Balani, all the teaching and non-teaching staff for the best and a fruitful year ahead...

Mr. Lal Chellaram Trustee, HSNC Board





It is a pleasant task for me to write this message for the 15th edition of Metamorphosis, the magazine designed and compiled by students and faculty of Bombay Teachers' Training College. I was invited to attend many seminars and webinars conducted by BTTC as well as their IQAC session, which gave me the opportunity to witness the rapid strides the college has made on all fronts under the stewardship of Principal, Dr Bhagwan Balani. I have been particularly impressed by their focus on Social, Emotional and Environmental Learning.

As educators, we play a crucial role in shaping the future of our society by equipping our students with the necessary knowledge, skills, and values to succeed in life. It is therefore important for teachers to continually learn and grow, so that they can provide the best possible education for their students.

BTTC recognizes the importance of professional development and is committed to providing students with the tools and resources they need to succeed. Their training programs are designed to help teachers develop their skills in areas such as classroom management, instructional strategies, and technology integration. Teachers are provided opportunities to learn from each other and to collaborate on projects that can benefit both themselves and their students.

Effective teaching is a lifelong journey of learning and growth, and I am happy to see that BTTC is following that journey with commitment. All faculty members are research guides, publishing research papers and authoring books in their areas of specialization. Whether it is a new teacher just starting out, or an experienced educator looking to enhance existing skills, it has been a pleasure to interact with the BTTC community of passionate and dedicated teachers.

I thank Dr. Balani and his able team for their commitment to education, and wish them all the best in their journey as teachers and educators.

Mhaham

Maya Shahani Trustee, HSNC Board





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Trustee Mrs. Maya Shahani B.Sc. Secretary of HSNC Board
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Message from the Secretary, H(S)NC Board

"Excellence is not an accomplishment. It is a spirit, - a never ending process"

- Lawrence M Miller

The publication of 15th edition of the annual magazine of BTTC *Metamorphosis* is a welcome occasion and I offer my congratulations to the editorial team, the staff and students of the College, under the secure leadership of Principal Dr Balani, for this consistent achievement. Fifteen years of the documentation of the growth of the College, mirroring the transformations that have contributed to the pristine position BTTC occupies in the educational landscape of Mumbai city, is indeed, praiseworthy. *Metamorphosis* has ensured that this documentation is accessible, attractive and creatively conceptualized by the youth of the College.

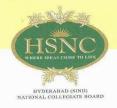
Malcom X has said that "Tomorrow belongs to the people who prepare for it today". It is this kind of preparedness that has ensured that BTTC has made huge strides in its growth in the past few years. It has remained a prime institute of training teachers even after it moved from being an affiliated College of the University of Mumbai to become a constituent college of the Cluster HSNC University in 2020. The H(S)NC Board is one of the few educational networks to have established a University of its own and BTTC was actively involved in its establishment right from the earliest stages. These years of transition are of great historical significance and the record of the modalities of change have been reflected in the College magazine in the past few years. The 15th edition continues with this journey. It is pertinent to remember the words of Mahatma Gandhi in this context: "A small group of determined and like-minded people can change the course of history".

The focus of this year's *Metamorphosis* is, I learn, on the views and opinions expressed by dignitaries, on various occasions, about the College. It is an innovative method of showcasing your achievements, and also becomes and

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endorsement of the good work that has been going on, in spite of the COVID years intervening, and posing unprecedented challenges. Every aspect of the College, be it NSS, Yoga, Conferences and Seminars, Research, Training, Placements, has registered remarkable growth.

Excellence is not a matter of chance, but a product of planning and implementation of ideas. BTTC has proved that the dedication of its teams is not incidental, but persistent. My best wishes to the College for their tireless pursuit of excellence, of which Metamorphosis is one shining example.

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Leadership is much more an act, a belief, a matter of the heart, than a set of things to do. One of the most important things, a leader can do, is to lead by example.

If you want everyone to be passionate, committed, dedicated and motivated, you go first, lead by example. That's what Dr. Bhagwan Balani does, leads by example. He is passionate about good education. He is committed to the cause of Sindhiyat. He is dedicated to the well-being of every student in Bombay Teachers' Training College. He is motivated to accept new ideas. He empowers his colleagues. As he says, "The smallest gestures often make the greatest difference."

Dr. Bhagwan Balani, Waadhaayoon for being such a thoughtful educationist and a great human being.

Susheel Gajwani Filmmaker-Radio Show Host



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8A/13A, RAMAKRISHNA SOCIETY, GULMOHAR CROSS ROAD NO.12, JUHU SCHEME, MUMBAI - 400049



About BTTC

Bombay Teachers' Training College, a premier college of education, is located in South Mumbai. The college was established in April 1969 by Principal Dr. N R Parasnis as a grantin aid, linguistic (Sindhi) minority institution by the Hyderabad (Sind) National Collegiate Board. BTTC is recognized by NCTE and got re-accredited 'A' Grade by NAAC (3rd Cycle). As of 2019, BTTC became a constituent college of HSNC University, Mumbai offering teacher preparation programs for various levels ranging from Early Childhood Education Program, Diploma in Elementary Education, Bachelor of Education and Master of Arts (Education) programs and Doctorate in Philosophy (Education).

Today, BTTC has become a resource centre in education due to its prominent achievements in teacher preparation, in-service training, research, extension services, co-curricular activities and add-on courses. All the faculty members have doctoral degrees and are research guides for Education.

Bachelor of Education

Bachelor of Education (B.Ed.) is a two-year, full-time teacher education program which prepares teachers for the secondary and higher secondary school level. It is recognized by NCTE. The revised curriculum under the HSNC University is designed to reflect the changes in the education sector in contemporary times and is more skill based.

M. A. Education (Educational Management and Technology)

This programme is designed to provide opportunities for students to extend as well as deepen their understanding of Education, specialise in select areas and develop research capacities. The prerequisite for this programme is a Bachelor's degree in any discipline.

Diploma in Elementary Education (D.El.Ed.)

This is a Maharashtra State Council of Educational Research and Training (MSCERT) recognized two- year professional program of teacher education. It is also recognized by NCTE. It aims to prepare teachers for the elementary stage of education, i.e. classes I to VIII. The prerequisite for this programme is 12th standard.



Early Childhood Education Programme (ECEP)

This is a one-year, full-time certificate program, which provides the fundamental knowledge and skills needed to work effectively with pre-primary children and schools.

Doctorate in Philosophy

The Bombay Teachers' Training College has a well-established Research Cell and is a centre for Ph.D. in Education of the HSNC University Mumbai and the University of Mumbai. The prerequisite is a Master's degree in Education with NET/SET qualification or cleared Ph.D. entrance test (PET).



Beyond the Curriculum

The skills of a teacher cannot be restricted to merely lecturing and imparting knowledge in pedagogy. A teacher is required to be an artist, a manager, an organiser, a learner along with being a facilitator. Thus, learning and acquiring new skills from time to time enables student-teachers to be effective teachers.

At BTTC, students are not only trained to be effective pedagogy teachers but also a number of add-on courses are coupled with the University curriculum so that they become multifaceted in all dimensions of teaching.

1. Yoga

"Yoga is the journey of the self, through the self, to the self." - Bhagavad Gita

A teacher has to play many roles & sometimes self-care is a miss while doing too much at the same time. Yoga acts as a medicine for stress. Yoga has been shown to improve flexibility, strength, balance, and reduce stress and anxiety levels. It is practised by people all over the world as a means of achieving holistic health and wellness. A modern teacher has to be fit and fine. Under the guidance of Dr. Manisha Tyagi, students have enjoyed the Yoga in Education course. This yoga course has been designed for student-teachers to ensure that they stay healthy mentally and physically and lead a life of wellbeing.

It has also enabled our teachers to inculcate the practice and ethos of yoga in the classroom to inspire students to lead a life of wellbeing too.

2. Models of Teaching

Teaching is both an art and science. Models of teaching play a significant role in shaping the teaching practices of educators and improving the quality of education. These models provide teachers with a framework to plan their lessons and instructional strategies, ensuring that their teaching approaches are effective and aligned with the educational goals and objectives.

Students at BTTC have learnt and demonstrated models through a course in Models of Teaching. They are first acquainted with the principles of each model and then asked to prepare lessons using the models. They are equipped with the Concept Attainment Model, Jurisprudential Inquiry Model, Linear and Branched Programming, Synectics and Inquiry Training Model.

Students successfully demonstrate the use of these models in their practice-teaching lessons, thus proving the worth of the course.



3. Innovative Strategies of Teaching

A teacher no longer serves as "the sage on the stage." The students are now seen as contributing to the creation of their own knowledge. Experiences that engage, challenge, and motivate students have to be incorporated in the classroom. BTTC offers a course on Innovative Teaching Techniques to prepare future teachers to become Innovative Educators.

Role Play, the Seven E's of Constructivism, Cooperative Learning Strategies, Educational Games, and Teaching through Multiple Intelligences are the topics covered in the course.

The students take all of these into account while interning at various schools. The program has received a great deal of praise and is used regularly by our students even when they enter the work-force.

4. CTET

At BTTC, we believe in continuous professional development. Our students were all encouraged to appear for the Central Teacher Eligibility Test (CTET) which is a very important accreditation when applying for placements in Kendriya Vidyalayas, Navodaya Vidyalayas and CBSE schools. Under the guidance of Vice Principal, Dr. Mandeep Kochar and efforts of faculty of GHG Khalsa College, a steady collaboration of two institutions in providing guidance & training for student-teachers to appear for the CTET examination.



Cultural Kaleidoscope



India has its unique culture and tradition which makes it distinct from the whole world. It is a pleasure to say that India is a land having culture of cultures which no country of the world has. However, the best practice of "Cultural Kaleidoscope" has been conducted over the years by the Cultural Committee of Bombay Teachers' Training College, under the guidance and mentorship of Prof (Dr.) Rajeev I. Jha and Dr. Manisha Tyagi to reflect and appreciate this very beauty and diversity of Indian culture. On 19th of July 2022, the celebration of rich and varied Indian culture was held by Bombay Teachers' Training College with abundance of zeal, enthusiasm, and colour.

NORTH 1: The 3 dynamic northern states of India, was chosen by North group 1, included, Punjab, wherein they dressed in the cultural attire of dhoti-kurta and choti with sticks to perform Bhangra (a folk dance often performed in Punjabi Culture), Rajasthan, with traditional 'leharu' the lehenga choli attire of Rajasthan. The group ended their performance by collaboratively dancing on the folk-dance form of Uttar Pradesh, on the Kajri dance form which is a semi classical dance form of UP. It is mostly performed in summer in Bihar.



NORTH 2: For this year's performance, Kashmir chose Hafiza dance with typical Kashmiri attire and topi, Himachal Pradesh- Nati dance alongside their attire and boli, Haryana- Khoria dance with some traditional Haryanvi dialogues to add the charm. The songs selected were Asa Andy Mara Haryana of Haryana, Sirmour Waliye was the song chosen for Himachal state and the song chosen for Kashmir state was the latest version of





instrumental tune of Bhumro song. They also sang a Kashmiri Folk Song named "Hukus Bukus" which is an old Kashmiri poem. Our group decided the theme for it as "Ganga-Jamuni Tehzeeb"

WEST: The group was dressed in the classical attires of Maharashtra - Navari (performed Lavni), Gujarat - Ghagra Choli (performed Garba), and Goa -Western dresses (performed modern form of dance). They managed to include all the members in all performances to keep the essence of unity in diversity up and alive. It was a lovely set of arrangements with vibrance and color.



SOUTH: South group had three sets of attires representing three different parts of Southern India. They included a South Indian song alongside an Aarti Pujan which was a traditional dance performed by women as a prayer to God. The same was followed by another folk dance to represent the rich culture of this land. The members had the entrance of the class decorated with banana leaves and a traditional puja lamp.



EAST & NORTHEAST 1: The group divided its culture into two distinct areas, providing a glimpse of northeastern culture alongside the performances from West Bengal. They followed the traditional attire while carefully choosing the songs depicting everyday life through their colorful and creative performances. The group also brought props like diya for Durga Puja and headgears for typical Sikkimese performances.





EAST & NORTHEAST 2: The group chose Assam and Orissa for their performances in order to depict the culture of authentic India with great attire like traditional sikkim sarees and Indian clothes. They used a colorful red and white makeup scheme for Sikkim to bring in the originality. The group followed distinct cultural performances followed by a combined performance. It truly was a vision to appreciate.



SINDHI: Sindhi team planned to showcase their culture through a funfair which in sindhi, is called 'CHETI CHAND JO MELO'. They stuck a poster of 'JHULELAL' and also decorated the backdrop with blue and yellow fairy lights. Sindhi community begins their new year on Cheti Chand which starts from 1st April and ends on 31st March every year. They wore traditional sindhi outfits and showcased the mela with food, dialogues, and games. They did this by presenting their culture through a skit where they took the audience through the four stalls explaining our sindhi culture. They ended this super fun journey through a melody of performances on well-known Sindhi songs.





Sr No	State	Name of the Participants
1.	North 1 (Punjab, Bihar, Rajasthan)	Sanya Susan D'souza, Hemangi Patel, Aamatullah Bagasrawala, Zahra Khokhawala, Karuna Gamre, Gayathri Muthuswamy, Zuveria Mansuri
2.	North 2	Safiya Qureshi, Alfiya Rizvi, Chaitra Putran, Umema Manekiya, Tarranum Shaikh
3.	West	Hufrish Damania, Kiran Mishra, Shresha Koli, Nandini Gupta, Divya Nadar, Aaliya Basar, Misbah Patel
4.	South	Payal Jagda, Shreya Kshirsagar, Krystal Eramus, Ashlesha Pujara, Neelu Mishra, Puvana Nadar
5.	East & Northeast 1	Jaini Gala, Aastha Purohit, Dipannita Mondal, Yasmeen Mansuri, Kinjal Oza, Rutika Chaurasia, Samrin Khan
6.	East & Northeast 2	Rachel Rebello, Bushra Shaikh, Advait Vadarale, Corrina Vongeyer, Alina Siddique, Thanvi Rao, Nashra Sayed, Anjali Shukla
7.	Sindhi	Hitaa Valecha, Priyanka Makhija, Hardika Rohira, Sachi Thawrani, Juhi Rajusth, Satya Rakshit, Madhuri Kotwani



GDF-14TH FEB 2022

Celebrating Global Day of Oneness

Ms. Roshani Shenazz began by wishing everyone a "Happy Global Day of Love and Oneness." She mentioned that love shouldn't be restricted to one person, rather it should be for the whole of humanity. It was followed by a verbatim glimpse on how Global Dialogue Foundation celebrated 14th February last year. She spoke about the day of Love and Oneness and what the Art of Giving meant.



Mr. Peter (Pece) Gorgievski opened the event with a wonderful welcome note and spoke about his impressions on Art of Giving along with the expression of Love and Oneness.



Mrs. Maya Shahani welcomed and introduced all the mentors and post holders of Global Dialogue Foundation, worldwide. She further introduced the key college principals. She elaborated on what Global Dialogue Foundation does and how it serves the community.



Mr. Dave Rogers heartily wishes everyone a pleasant day of Love and Oneness. He urged people to express their culture and heritage and look for ways in which one can let one's imagination, innovation and creativity flow. He said that Global Dialogue Foundation is all about connecting people and the day of Love and Oneness is an opportunity to express kindness and joy in a wholesome way.





Mr. Ilija verbalised a very profound message, that of how in a world of differences we must share who we are, our roots and where we come from in order to unite, build relations, trust and love each other.





Session One: Session Presenter: Bombay Teachers' Training College

Bombay Teachers' Training College was the first college to present on the theme, The Art of Giving. The college was Introduced and the title of the show put up by BTTC was named 'Selcouth- The Wonders of Dana'. This was followed by the Principal's Address, by Dr. Bhagwan Balani who spoke about his college and his own experiences with the Art of Giving. Post that, a poem named 'You are the Future' was showcased in the form of a video, the content of which was that nature was and will remain an integral part of everyone's life. It talks about freedom. A profound question it puts forth- 'Is man really free?' Next up was 'Sewafeed the hungry, feed your soul' which consisted of an interview with Mr. Harjit Singh on the main aspects of Sikhism- No man should go to sleep without food, which relates to Langar and one must not sleep without any shelter or roof over his head which is Sarrah. Langar and Sarrah are considered the highest forms of sewa and are very relevant in reducing any form of distinction. This was followed by 'The Cup Song' post which was 'Taksu- the power within', an interview with Ms. Gopa Goshal who spoke about how yoga is very important in one's life and teaching it is like a sewa for the society. She spoke about what her organisation- Yoga for Wellbeing had been doing in order to give back to the society. The next segment was named 'Bestowing Angel' Which was a short skit on how an angel disguised as a human helped the characters out of various difficult situations and united them. The next video named 'Giving Love, Giving Hope' was about how the Act of Giving is not only limited to helping out humans but also those who can not speak or defend themselves, such as animals. It showed one of the students of BTTC feeding cats, a practice he started during the pandemic which he still continued. Up next was a wonderful and heart-warming dance done by school children which depicted how children, the youth of India are the genuine givers of selfless love, hope and service. This was followed by 'Anyone can be an artist' a song sung by one of the very talented singers of BTTC which was all about selfless giving and selfless spreading of love and joy in the world. Lastly, there was 'Make Tomorrow Meaningful', a dance by students on BTTC on



the very famous song Jerusalema which depicted bringing people together through dance and movement.







Session Two was held by H. R. College of Commerce and Economics who showed us a student made and directed documentary on Science, Faith and Religion. Session Three was by Smt Chandibai Himathmal Mansukhani College whose students made 4 short skits on relevant topics such as menstruation and male child preference among others. Session Four was held by Smt. Mithibai Motiram Kundnani College of Commerce and Economics and their topic was 'Saving our Environment'. It had immersive interviews and a video that showed the students of a college at a beach clean up drive. Lastly, Session Five was by Kishinchand Chellaram College of Arts, Commerce and Science, students of which made a short movie for spreading awareness against Domestic Violence. It was named 'Rakth Charitr.' Students of all five colleges gave wonderful and impactful performances that would stay with us for a long time.

The vote of thanks was expressed by Mr. Peter (Pece) Gorgievski who thanked all the principals, The HSNCU, mentors as well and the student participants and volunteers.

He once again wished everyone a great day of Love and Oneness before ending the programme.







SCIENCE CORNER

Science corner has been one of the best practices of Bombay Teachers' Training College, it was initiated and inaugurated in 2016 by Prof. (Dr.) Rajeev. I. Jha, Science Pedagogy master and Professor at BTTC. The main aim of the Science corner is to spread awareness about the daily phenomena occurring, link them to basic science concepts and to acknowledge the magic of Science among all the students.

The student teachers conduct these simple science experiments, considering it as a practice session for the PEOR demonstration method whilst developing the necessary skills to perform a science experiment smoothly. Student performers use a method of PEOR which stands for Predict, Explain, Observe and React/Respond. It further facilitates the development of scientific temper, a NEP Core Value, among the student teachers. By doing so, the science student-teachers get more confident to undertake demonstration-based lessons during the internship in their practice teaching schools, thus inculcating the seed of scientific temper among students.

Science Corner at BTTC is open to all non-science student teachers who have an interest in daily life phenomena and have an affinity for understanding the Science underlying them. The institute appreciates the performances of student teachers at the Annual Function by giving an award of "Late Gaurav Neeraj Jha Trophy" for "Contribution to Creative Science" in recognition of the outstanding work done by him/her during the academic year. This trophy is in sweet remembrance of Prof. (Dr.) Rajeev I. Jha's late nephew, Late Gaurav Neeraj Jha, in whose fond memory he initiated this innovative practice. Each year, the best demonstrations are recognised and are awarded this trophy.

The students of FYBEd & SYBEd of Science Pedagogy – 1 and 2 were requested to make videos of their experiments and these were uploaded on flipgrid. Each student demonstrated a minimum of 3 experiments and a maximum of 5 experiments. They also had to complete their demonstrations within the stipulated predetermined time duration. These experiments were unique and eye-catching and students correlated the scientific principles to daily life applications.

Throughout the entire process of Science Corner, Prof. (Dr.) Rajeev I. Jha, guided all the student teachers. He supported us and gave us ideas and constructive feedback to improve our skills and motivated all of us to give our best. We could make interesting videos using different software and ICT tools and share this information through electronic media; this makes us appreciate the beauty of Science and its immense contribution to mankind.



S.Y.B.Ed. Students

Roll No.	Name of Students	Name of Experiments	Link to Experiments
01	Nagaraj Ambat Srinivas	a. Recycling of polytheneb. Effect of intensity of lightc. Lateral pressure on wall of bottle due to water	https://youtu.be/3Am9 QYNHZ4E
03	Ansari Hafsa Saeed Ahmed	a. Osmosisb. Diffusionc. Density	https://youtu.be/0oSQf m4NJJU
04	Ansari Hamid Raza	a. Audio visualisationb. Interference of lightc. Scattering of light	https://youtu.be/qb9Vr <u>TWzRNE</u>
07	Anupamaa Bijlani	a. Turmeric as universal indicatorb. Rising waterc. The lemon experiment	https://youtu.be/Hsl_G -331qA
08	Akhil Chandrasekar	 a. Study of properties of reflection of light b. Study of basic chemical reactions in everyday life c. Collection and preservation of fingerprints 	https://youtu.be/NoHX 656DPeE
20	Oomaima Ismail Kasu	a. Sinking and floating of lemonb. Brown applec. Linear propagation of light	https://youtu.be/hyxd hYA6bg
25	Mansuri Aayesha Mazhar	a. Saturation of salt and sugarb. Lava lampc. Water pollution	https://youtu.be/rzT5jA v1Aks
26	Drishtant Subhash	 a. Magnetic property of magnet b. Density of water c. Magnetic property of material 	https://youtu.be/bXvD bu3RNNM
27	Rajesh Ravishankar Mishra	a. Travelling of lightsb. Lever mechanismc. Effect of Carbon dioxide on fire	https://youtu.be/HvCF 8zyXYc0

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28	Shweta Rajesh Mishra	a. Magic milkb. Fun with gemsc. Lava lamp	https://youtu.be/d1mw uCbbxuk
34	Jaishree Rathi	 a. It's an Oobleck b. CO2: Our Helper and Jumping Flame c. Induced EMF and Toothpick star 	https://youtu.be/uyRoR fwHJ0s
35	Krupa Samuel Sampati	a. Study of surface tensionb. the Phenomenon of air pressurec. Study of friction	https://youtu.be/D5RD JrWuNDE
43	Priya Arunkumar Singh	a. Water fireworksb. Surface tension of waterc. Slime	https://youtu.be/EJx7u 70XMyU
44	Subhadra Kumari Anirudh Singh	a. Static electricityb. Optical inversionc. Air pressure	https://youtu.be/KqWQ d5dd5P8
48	Damini Vengurlekar	 a. The green lava & density b. The colour bomb surface tension c. The magic balloon static electricity 	https://youtu.be/Rp8ZF t6cD88
50	Priyanka Premchandra Yadav	 a. Fermentation of sugar using yeast b. Convection mode of heat transfer c. Chromatography 	https://youtu.be/TuAul XcYjtU

Sixteen students performed a total of 48 demonstrations. Out of these, demonstrations were of Biology, 16 were of Chemistry, and 28 belonged to Physics. Students recorded their demonstrations and uploaded them on the 'Flipgrid' application. After the review and approval of Prof. (Dr.) Rajeev I. Jha, these demonstrations were uploaded on the



official YouTube channel of Bombay Teachers' Training College, owing to which, 16 YouTube links were generated.



F.Y.B.Ed. students

Roll No.	Name of Students	Name of Experiments	Links to Experiment
03	Aaliya Basar	a. Refraction & Total Internal Reflectionb. Laws of Reflectionc. Working of Lungs	https://youtu. be/m8f5HXN8BoQ
10	Karuna Gamre	a. Measuring the Diameter of Sunb. Phases of the Moonc. Bernoulli's Principle	https://youtu.be/BuU W5VpLLYs
17	Shreya Kshirsagar	a. Capillary Action in Flowersb. Archimedes Screwc. Enzyme Activity	https://youtu.be/rQd wZayJAOk
19	Yasmeen Mansuri	 a. Hydraulics Boom Barrier b. Magnetic Levitation – Levitating Pencil c. Surface Tension – Dancing Pepper 	https://youtu.be/xaV 4TjGA6vQ
21	Kiran Mishra	a. Density of Airb. Osmosisc. Magnetic Effect of Electric Current	https://youtu.be/rCm 4yVwoKBQ
22	Neelu Mishra	a. Maxwell's Right HandThumb Ruleb. Diffusionc. Tyndall Effect	https://youtu.be/dRaJ hw6Ax1Y
24	Gayathri Muthuswamy	a. Newton's First Lawb. Law of Conservation of Momentumc. Newton' Third Law	https://youtu.be/M7F 6wudSeps
25	Divya Nadar	a. Atmospheric Pressure	https://youtu.be/hoW A6fMXWQg
26	Puvana Nadar	 a. Electrolysis of Water b. Double Displacement and Decomposition Reaction c. Oxidation Process 	https://youtu.be/wM v6ChhCRg8

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29	Misbah Patel	a. Acid Base Reaction with Natural Indicator	https://youru.be/BGg 9om54KKU
30	Ashlesha Pujara	 a. 2nd Law of Thermodynamics b. Center of Gravity c. Acoustic Dampening 	https://youtu.be/GWf UcC00UBQ
40	Nashra Sayyed	a. Turmeric as an indicatorb. Density of Waterc. Saturation Point of Salt and Water	https://youtu.be/5efU KC2Tpz0
43	Tarranum Shaikh	 a. Cohesion and Adhesion in Water b. Effect of Pressure on Water c. Change of Leaf Color from Green to White 	https://youtu.be/hr5j h9xRQ6E
47	Umema Manekia	a. Surface Tension of Waterb. Static Electricityc. Air Pressure	https://youtu.be/Xqn VFeQ-gVE

Fourteen students performed a total of 38 demonstrations. Out of these, 4 demonstrations were of Biology, 7 were of Chemistry, and 27 belonged to Physics. Students recorded their demonstrations and uploaded them on the 'Flipgrid' application. After the review and approval of Prof. (Dr.) Rajeev I. Jha, these demonstrations were uploaded on the official YouTube channel of Bombay Teachers' Training College, owing to which, 14 YouTube links were generated.





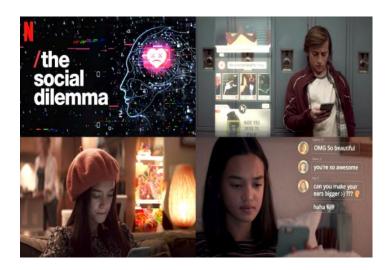
LENS SERIES

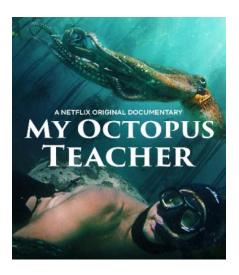
LENS – Learning Experientially Novel Strategies.

The LENS Series was introduced in 2007-08, with the intention of drawing lessons from popular culture while making learning a joyful experience for the student teacher. Mass media and culture affect many aspects of our life including education. The new trends and cultural differences also enable students and teachers to understand the different topics in education from a broader perspective. This strategy is a shift from the traditional method of teaching to experiential learning. Learning in this method makes the student teachers correlate the theoretical learning with the practical application.

Children relate to films irrespective of their family background or learning abilities. Films can be a gateway to exploring complex ideas and to view the dynamic world from a variety of perspectives. Young children are visually literate and the curriculum needs to reflect this. Movies and TED talks are the best way to bring out the class issues and ideas that need to be discussed in the classroom and reflected on by the teachers and students. They are also a great way to start problem-based and inquiry-based learning sessions.

After viewing of the film, brainstorming and discussions were conducted. Interest and motivation levels are raised as students can connect easily with the issues which are in focus. Dr. Neelu Verma, faculty in-charge of the LENS series, highlighted the importance of experiential learning and advised all students to use Popular Culture and integrate it with school curriculum, during internships. This would enable the students to use that as a strategy to teach innovatively. The practice therefore continues to maintain its reputation in terms of encouraging reflective thinking, building new perspectives and communication skills.







STUDENT PORTFOLIO

Bombay Teachers' Training College at its core promotes learning through reflection. The review and reflection on learning outcomes prove to be of great value in order to decide the new goals of learning. In order to achieve this objective, the institution has designed and developed a format for individual portfolios of student-teachers. This Best Practice was initiated in the year 2010-11.

A portfolio is a purposeful collection of selective significant samples of a student's work accompanied by clear criteria for performance, which is an evidence of the student's effort, progress or achievements. It gives students a platform to show their talents and allows for diverse means of demonstrating competency. Students are guided by the faculty to maintain a portfolio so that it provides evidence of the student's knowledge, skills, abilities and growth. By preparing and maintaining a portfolio student-teachers learn new experiences, methods and proficiency as they see the other students collate their work. They developed skills like time management, systematic work, organisational skills, creativity, and introspection skills. It also helped them to present themselves in a concise and holistic manner.

The portfolios of the individual student-teachers developed by the institution derive from the visual and performing arts tradition in which student-teachers showcase their accomplishments and personally favoured works. Students from all the programmes have their own portfolios. The college organises campus recruitment for students where students' portfolio represents their hard work and tells a particular story about them.

The student portfolio helped student-teachers to consciously learn and explore their strengths and weaknesses, threats and opportunities that come their way. Creating, maintaining, and assessing student portfolio in an extensive B.Ed. course is definitely a time-consuming endeavour. It is a year-long celebration of achievements where students step outside with their head held high!





BTTC WEEK 2022

BTTC Week is a unique feature and also the best practice of the college since 1979. During this week, series of inter-collegiate and inter-school competitions are conducted. A number of intra-class competitions such as *rangoli*, flower decoration and cookery are also conducted as part of the week. The theme for this year's BTTC week was Azadi ka Amrit Mahotsav.

DAY 1

Event: Seminar cum Workshop on Emotional Intelligence

Resource Person: Mr. Susheel Gajwani

Faculty in-charge: Dr. Rajeev I. Jha and Dr. Manisha Tyagi

The seminar cum workshop began with a welcome note by the Vice Principal Dr. Mandeep Kaur Kochar. A prayer dance was performed by the F.Y.B.Ed. students Ms. Tanvi Rao, Ms. Kinjal Oza and Ms. Rachel Rebello on the theme of 'Pushpanjali'. Post that, the College Profile was presented which was followed by lighting of the lamp by Principal Dr. Bhagwan Balani, Mr. Susheel Gajwani, Dr. C.A. Kishor Peshori, faculty members and a few students.

Dr. Bhagwan Balani addressed the Chief Guest and the Guest Speaker, welcoming them to BTTC Week, the prestigious best practice of our college. Ms. Ambica P. Motwani (S.Y.B. Ed.)



introduced the Chief Guest- Dr. C. A. Kishore Peshori and Ms. Hitaa Valecha (F.Y.B. Ed.) introduced the Guest speaker - Mr. Susheel Gajwani. Dr. Bhagwan Balani presented the token of appreciation to Mr. Susheel Gajwani and Dr. C.A. Kishor Peshori. An inspiring speech was delivered by Dr. C.A. Kishor Peshori. Post that, Ms. Payal Jagda (F.Y.B.Ed.) gave an introduction about the seminar on Emotional Intelligence. The seminar cum workshop was very interactive, participative

and quite insightful. The resource person provided us with the knowledge of how one can be intelligent emotionally and make good decisions when faced with human emotions, such as anger or happiness.

Post that, all the students were divided into 18 groups for performing a skit. Each group was given a unique topic and was asked to perform a skit based on the topic. Some examples of the topics are- 'When we believe we can do something; all we see is opportunities; but when we believe we can't do something, all we see is challenges', 'Life is beautiful', 'Love is cooperation rather than competition', 'When you judge others, you don't define them but yourself', 'Miracles come in moments', 'Be ready and willing'. After the lunch break, the students were asked to assemble to perform the skit. All students from each group gave



outstanding performances, utilizing their creativity and emotions in a productive way. Once the performances of the all groups were completed, Mr. Susheel Gajwani shared his views on the

performances. He gave constructive feedback to individual groups and appreciated their efforts. Dr. Manisha Tyagi concluded the event and Ms. Ambica P. Motwani proposed a formal vote of thanks.



DAY 2

Event: Seminar cum Workshop on Emotional Intelligence

Theme: Azadi ka Amrut Mahotsav. Resource Person: Mr. Susheel Gajwani

Faculty in-charge: Dr. Rajeev I. Jha and Dr. Manisha Tyagi

"Beautiful clothes are a decoration to our body and the positivity, the confidence and smile that they bring are a decoration to our soul." As the theme of the day was traditional day, all had gathered in the auditorium looking beautiful in elegant Indian wear. The Programme commenced with a warm welcome note by Ms. Payal Jagda and Ms. Hitaa Valecha followed by a presentation sharing the glimpses of the events of Day 1 of the 43rd BTTC week. Mr. Susheel Gajwani started the workshop by narrating the story of a curious Sultan trying to grasp the reason behind Majnu and his immense love for Laila. The message conveyed by the story was 'one should not judge others without knowing what they might be going through.'

Another story was about a kind woman who prayed to the Almighty for her lost son. He didn't complete the story, rather he gave the audience an opportunity to complete the story using their

creativity, which he later appreciated. He himself then completed the story and conveyed the message; 'The evil we do stays with us and the good we do come back to us.'

Post that, Mr. Susheel Gajwani introduced the students to an amazing and interesting activity. The activity was to enact a song, in order to understand the emotions portrayed



in the song and recreate it. All the students were divided in 11 groups with each group consisting of 5-6 students. All were given sufficient time to come up with ideas and enactments. Post lunch, everyone assembled at the venue at

2:00 pm. This session challenged everyone to put on their thinking hats and come up with creative ideas to depict their assigned songs.



Group 1 performed on Lag Ja Gale.

Group 2 performed on Pehla Nasha Pehla Khumar

Group 3 performed on Ajeeb Dastaan Hai Yeh

Group 4 performed on Tera Hone Laga Hoon.

Group 5 performed on London Thumukda

Group 6 performed on Mahi Ve

Group 7 performed on Chammak Challo

Group 8 performed on Kabhi Kabhi Aditi

Group 9 performed on Yeh Raatein Yeh Mausam

Group 10 performed on Morni Banke and Desh Rangeela

All the groups performed beautifully, staying true to the emotions of the song's lyrics and portrayal. All were involved and all participated actively, singing, dancing, acting. It was a lovely sight to see in the room filled with amazingly talented, beautiful and creative minds. Then, Mr. Susheel Gajwani gave his reflections on the performances and appreciated the efforts taken by each individual. Post that, Dr. Bhagwan Balani addressed all with words of motivation and energy for the forthcoming days.

DAY 3

Flower Arrangement Competition

Theme: Azadi ka Amrut Mahotsav.

Faculty in-charge: Ms. Sapna Chhabria, Ms. Rinti Sengupta & Mrs. Alifya Arsiwalla

The student coordinators for the event were Ms. Asfiya Afzal, Ms. Anupamaa Bijlani and Ms. Neelu Mishra. The participants of the flower arrangement competition arrived at the venue at 9:30 am sharp. Token numbers were distributed among them and rules of the competition were read out.



The competition was judged by Ms. Rinti Sengupta, Mrs. Alifya Hussein Arsiwalla and Ms. Naina Daryanani. There were a total of 7 participants from ECEP and S.Y.D.El.Ed. The



participants began working earnestly using different materials like flowers, twigs, leaves, pear sticks and flower foam. Since the flowers were real, the participants took care to keep them watered. There were two separate places for displaying the flower arrangements- Principal's office and Auditorium. The displays were elegant, artistic and thought-provoking.

The winners of the flower arrangement competition are as follows:

2nd Runner Up- Ms. Zainab Tohfafarosh (ECEP) 1st Runner Up- Ms. Ayesha Qureshi (S.Y.D.El.Ed.) Winner- Ms. Jumana Mookhtiar (ECEP)

DAY 3

Cookery Competition

Faculty in-charge: Dr. Manisha Tyagi

The participants of the cookery competition arrived at the venue at 9:00 am sharp. Competition was open for all B.Ed. students under two categories: sweet and savoury. Token numbers were distributed among them and they were asked to display their dishes accordingly. The competition was judged by Ms. Rinti Sengupta, Mrs. Alifya Hussein Arsiwalla and Ms. Naina Daryanani. There were a total of 25 participants from F.Y.B.Ed. and S.Y.B.Ed. for both the categories.

The dishes were judged according to the Creativity and Originality, Texture and Presentation, Taste and Ease of Preparation, Nutritional Content and Overall Impact.

Only vegetarian dishes were allowed. Sweet dishes included a variety of items like carrot cake, rice pudding, *shahi* bread pudding, *kada prasad*, *gajar/dudhi halwa*, chocolate brownie, chocolate mousse and macaroons. savory dishes ranged from *ghugra*, *avial*, pasta, *dal makhani*, corn-based canapé to beetroot *paratha*, vegetable stew, paneer chilly. There were more than 5 helpings of each mouth-watering dish, enabling others to taste the dishes, in addition to the judges. The entire display was appealing, appetizing and aromatic!





The winners of the cookery competition were:

SAVOURY DISHES

1st- Ghugra by Dhrumi Vora

2nd- Dal Makhani by Ambica P Motwani

3rd-Beetroot Paratha by Juhi Rajusth

SWEET DISHES

1st- Carrot Cake by Shreya Kshirsagar

2nd- Wheat Halwa by Priyanka Makhija

2nd- Dudhi/Gajar ka Halwa by Corrina Vongeyer

3rd- Rice Pudding by Divya Nadar

3rd- Macaroons by Jaini Gala



Extempore Competition

Faculty in-charge: Dr. M.A. Ansari, Dr. Neelu Verma, Dr. Raju Talreja.

The event started with a beautiful invocatory dance. The dancers offered salutation to Lord Ganesha who is the destroyer of all obstacles. A formal welcome address was made to the audience by Ms. Aamatullah Bagasrawala and Ms. Sachi Thawrani. A wonderful line by actor Rob Brown was quoted- "If you can speak you can influence, if you can influence you can change lives". This was followed by lighting of the lamp by our esteemed Principal Dr. Bhagwan Balani, Vice-Principal Dr. Mandeep Kaur Kochar and judges of the event- Ms. Hemini Lakhdawala and Ms. Shirley Mistry. Then, there was an introduction to the trophy.

The trophy is dedicated by the former principal of Bombay Teachers' Training College – Dr. Kamlesh Bhatia in fond memory of his father Shri H.M. Nagrani, as an honorable award for English Extempore. The dynamic judges were introduced and they were each presented with a token of appreciation by Dr. Bhagwan Balani.



All the topics were relevant in today's time. The different topics were- Developing life skills among students, Opinions on SLE Presentations, social media as a learning tool, Education as a commodity, Competencies for millennial teachers, Importance for Yoga Education for students and teachers, Networking and Collaboration for learning, Google as a threat to literacies, Positive learnings from the pandemic, etc. There were a total of 13 teams and 26 participants. It was interesting to listen to the views and ideas of each person. They expressed their thoughts in a graceful and compendious manner. What was fascinating was that there were a few teams that decided to present opposing views on the same topic. The program was indeed a useful one, especially for those who wished to enhance their general knowledge in the field of education.

The judges congratulated the participants on their awareness, splendid speech deliveries, etc. They also encouraged a few participants who had interesting thoughts on the topics allotted to them, but were shy to speak on stage. Ms. Hemini emphasized the importance of confidence and belief in oneself. Ms. Shirley mentioned that preparation and hard work go a long way in becoming a great teacher. She was positive that we all would become wonderful teachers.

Dr. Bhagwan Balani thanked the judges, faculty-in-charge and the organizing team. Sir was hopeful that each student would carry the lessons learnt to his/her classroom and implement them efficiently.

The winners of the English Extempore Competition were announced by the judges and Dr. Bhagwan Balani Sir with the 3rd Prize being awarded to Ms. Ambica P Motwani and Mr. Jaffin James. 2nd Prize was awarded to Ms. Pooja Jain and Ms. Dinaz Irani. The 1st Prize was awarded to Ms. Asfiya Afzal and Mr. Harshvardhan. In addition to these, the Best Speaker Award was bestowed to Ms. Pooja Jain.





The event ended with a formal vote of thanks by Mr. Advait Vadarale who expressed his heartfelt gratitude to the Principal, the Vice-Principal the judges, the faculty-in-charge, the non-teaching staff, the participants, the organizing committee and the audience.

"Hum Tum" Inter-Class Duet Dance Competition Teachers-in-charge: Dr. Rajeev I. Jha, Dr. Manisha Tyagi, Ms. Sapna Chhabria, Ms. Jyoti Bhatia.

The event started with a beautiful quote by Martha Graham – "The body says what words cannot." A short and sweet welcome address to the audience was followed by an Introduction of esteemed judges.

The performances truly mesmerized us all! The energy on stage was transferred to the audience who were dancing on their seats, clapping and hooting for every dance. The atmosphere in the auditorium was filled with enthusiasm and joy. Even the teachers joined in to express their happiness. We were united by our passion for dance and music!





A Sweet farewell to Dr. Meenakshi Lath



A heartfelt farewell was bid to Dr. Meenakshi Lath, a truly inspirational Professor at Bombay Teachers' Training College. The Students of SY.B. Ed. arranged for an exceptional entry of Dr. Meenakshi Lath and her spouse - Captain Lath. They presented a slideshow of all memories that she had created during her tenure at Bombay Teachers' Training College. They also presented letters written by them to express their gratitude to Dr. Meenakshi Lath for being an extraordinary teacher and mentor to them.

The principal along with the faculty of Bombay Teachers' Training College offered tokens of their appreciation and love to Dr. Meenakshi Lath. The Vice-Principal, Dr. Mandeep Kaur Kochar took the audience on a journey of Dr. Meenakshi Lath's professional life in which she started off as a student at Bombay Teachers' Training College and ended up becoming the most unconventional and loved teacher. Dr. Mandeep Kochar shed some light on how Dr. Meenakshi Lath was instrumental in starting the course 'Early Childhood and Education Programme' at Bombay Teachers' Training College, HSNC University. A few alumni spoke about their journey under the guidance of Dr. Meenakshi Madam and how great an influence she has been in shaping their careers.



Dr. Meenakshi Lath was overwhelmed by all the love and affection she received. Ma'am expressed her emotions through a poem written by Walt Whitman. Ma'am conveyed her love and blessings to her family members, the Principal, Colleagues, non-teaching staff, all those who have been a part of her journey. Dr. Bhagwan Balani Sir Concluded the event with a heartwarming speech, expressing his gratitude to all the teachers, non-teaching staff and students for organizing such a wonderful and successful event!







DAY 4

Most Promising Teacher Personality Contest

A prayer dance was performed by Ms. Karuna Gamre to mark the beginning of the events of the day on a spiritual note. She also mentioned the importance of prayer dance. Pancha 'Panchatund nararund-maaldhar' was a naandi song performed before a play or a performance. 'Panchatunda' meaning five faced and 'nararund-maaldhar' meaning wearer of skulls as a worldly picturization of lord Shiva. The melodious song, with mesmerizing tabla beats, veena and other instruments praised Lord Shiva, Goddess Parvati and Ganesha.

After the prayer dance, the principal along with the judges & faculty of the contest lit the lamp to mark an enlightened beginning to the events of the last Day of The BTTC Week. We then viewed the presentation of college activities and the glimpses of the previous 3 beautiful days of the BTTC Week.

Teacher incharge for the Most Promising Teacher Personality Contest was Dr. Mandeep Kaur Kochar and student coordinators were Ms. Shreya Kshirsagar, MS. Dipannita Mondal and Ms. Payal Jagda. The Personality contest began at 10.15am. Contestants were divided in odds and even numbers for efficient seating. The Contestants were given a surprise where they had to pick up chits which had an image on it, they had to associate the image on the chit and metaphorically describe themselves through that. The Contest commenced and the judges were introduced. The three esteemed judges were BTTC Alumni, Mrs. Jyotsna Tahilramani, Ms. Azmin Vania and Dr. Mitesh Gala.

The first round began with the Contestants introducing themselves in a metaphoric sense with the images they were given in a chit. We had the contestants talk about their visions and perspectives as a teacher in context to eagle, river, balloon, eraser, a swan etc.

The second round was an interaction with the judges and our principal Dr. Bhagwan Balani. The judges interrogated the contestant's teaching aptitude by asking them a variety of questions. Some very thought striking questions were, what is the difference between choice and chance? What would a world without teachers be like? Is content essential or is grooming essential? Co-Curricular treated as secondary next to the academic portion? If you could change one thing in education, what would it be? Etc. There was a striking ramp walk by all the contestants as a last round of the contest. The Judges then gave their impressions and imparted their piece of very encouraging advice for life as a professional & their reflection on life as alumni of Bombay Teachers' Training College.



There was a standing ovation in the loving memory of Dr. Lubna Mansuri as a sweet remembrance of her contribution to Bombay Teachers' Training College and the impact she had on the Alumni panel of judges. The winners were finally announced. They were:

Winner - Aarti Pandey 1st Runner Up - Pooja Jain 2nd Runner up - Hamid Raza Ansari



Intra-Collegiate "NUPUR" Group Dance Competition
The theme of this competition was Unity in Diversity.
Teachers In-charge: Ms. Sapna Chhabria, Ms. Jyoti Bhatia and Ms Alfiya Hussein
Arsiwala

Nupur was a group dance performance by five teams from the D. El. Ed & B. Ed classes. The dance floor was struck by culturally diverse performances on many catchy songs that displayed unity in diversity and got the audience out of their seats to cheer them on. The audience swayed with the rhythm and even the judges and faculty joined in cheering for all the participants.



Winners: SY. D. El. Ed Team - Rutuja, Bhagyashri, Devshree, Nabiya, Deepali 1st Runner up: FY. B. Ed Team - Kinjal Oza, Thanvi Rao, Rachel Rebello, Hufrish Damania 2nd Runner Up: SY. B. Ed - Kinjal Jain, Ginni Khatwani, Aarti Pandey, Hafsa Ansari, Fatema Jetpurwala, Jaishree Rathi



Nutritious Diet Competition Faculty in-Charge: Ms. Sapna Chhabria

There were twenty-one dishes presented by the contestants. Rich in nutrition & colorful plates of food. Judges asked questions to the participants about the preparation of dishes and its nutritious values where there were a variety of amazing answers. Results were not announced on that particular day. Results were announced separately for D. El. Ed and ECEP have 3 ranks in each class.



The day ended with an awareness of the 'Cheti Chand' festival and a performance by the students of B. Ed to commemorate the events of 'Cheti Chand'

The BTTC week celebrations ended with the end remarks of the Principal Dr. Bhagwan Balani & Vice Principal Dr. Mandeep Kaur Kochar bringing the curtain on the 43rd BTTC Week down.



SCAFFOLDING DIGITAL COMPETENCIES

Best Practice: Scaffolding Digital Competencies (Batch 2020-2022)

Mentor: Prof. (Dr.) Rajeev I. Jha

Co-Ordinators: Ms. Ambica Motwani & Ms. Azmina Khoja

Scaffolding Digital Competence is one of the best practices of our college which is under the guidance of Prof.(Dr.) Rajeev I. Jha. He oriented and encouraged the class to participate in SDC as Mentors and upgrade their digital skills in tune with NEP 2020 as well as the Post Pandemic era. SDC is a platform for learning various digital tools and becoming technologically superior in this digital age. It started in the academic year of 2019-2020. Rotating Trophy is awarded for the Best Performance in Scaffolding Digital Competencies in the fond memory of Late Shri Indramani Tularam Jha.

12th April, 2022 Day 1 - Hamid Raza - Wix

The session started with the introduction of the mentor by Ms. Prachi Shinde followed by the session of the mentor Mr. Hamid Raza on the tool Wix. This tool is very useful in creating digital Portfolios. The session concluded with vote of thanks given by Ms. Ashlesha Pujara.

13th April, 2022 Day 2 - Swetha Mishra - Storybird

The session started with the introduction of the mentor by Ms. Payal Jagda followed by the session of the mentor Ms. Swetha Mishra on the tool Storybird. The session concluded with vote of thanks given by Ms. Aaliya Basar.

16th April, 2022 Day 3 - Damini Vengurlekar - Conceptboard

The session started with the introduction of the mentor by Ms. Ashlesha Pujara followed by the session of the mentor Ms. Damini Vengurlekar on the tool Conceptboard. This tool is very useful in creating mind maps. The session concluded with a vote of thanks given by Ms. Samrin Khan.



18th April, 2022 Day 4 - Ambica Motwani - Storyboard

The session started with the introduction of the mentor by Ms. Divya Nadar followed by the session of the mentor Ms. Ambica Motwani on the tool Storyboard which helps in making comicstrips. The session concluded with a vote of thanks given by Ms. Tarannum Shaikh.

19th April, 2022 Day 5 - Aarti Pandey - Bamboozle

The session started with the introduction of the mentor by Ms. Swetha Mishra followed by the session of the mentor Ms. Aarti Pandey on the tool Bamboozle. The session concluded with a vote of thanks given by Ms. Nandini Gupta.

20th April, 2022 Day 6 - Ginni Khatwani - Powerpoint

The session started with the introduction of the mentor by Mr. Akhil followed by the session of the mentor Ms. Ginni Khatwani on Microsoft Powerpoint. She shed light on the unknown tools from Powerpoint. The session concluded with a vote of thanks given by Ms. Hufrish Damania.

21st April, 2022 Day 7 - Priyal Jain - Booklet

The session started with the introduction of the mentor by Ms. Karuna Gamre followed by the session of the mentor Ms. Priyal Jain on Booklet. The session concluded with a vote of thanks given by Ms. Satya Rakshit.

22nd April, 2022 Day 8 - Azmina Khoja - Classdojo

The session started with the introduction of the mentor by Mr. Advait Vadrale followed by the session of the mentor Ms. Azmina Khoja on the tool Classdojo. The session concluded with a vote of thanks given by Mr. Nagraj Ambat.



Date	Roll No.	Student Mentor	Tool	Educational Applications	Youtube Link
12th April, 2022	4	Hamid Raza	Wix	Wix Education is a free platform and suite of resources to teach web creation, design, and development in classrooms. With an allinclusive curriculum, interactive learning activities, and online class management tools, Wix Education is the go-to platform for teaching.	https://www.youtube.c om/watch?v=6AVVQt xQYgw
13th April, 2022	28	Shweta Mishra	Storybird	Storybird provides a productive platform for teachers and students. Storybird prompts a creative way to integrate multiple functions of imagination, and artwork printing. Students can design picture books on their own or work in teams to create visually appealing representations of their knowledge.	https://www.youtube.c om/watch?v=BOulOQ PGHcQ
16th April, 2022	48	Damini Vengurlekar	Concept board	Conceptboard is a user-friendly tool which teachers can use to catch the students' attention. Students can display their creativity.	https://www.youtube.c om/watch?v=2jTldTd P-cw
18th April, 2022	29	Ambica Motwani	Storyboard	User friendly Teacher Dashboard.Lesson plan ideas and educational articles to help you get started.Share assignments with other teachers in your school.	https://www.youtube.c om/watch?v=Wg1Q8 nWamfA

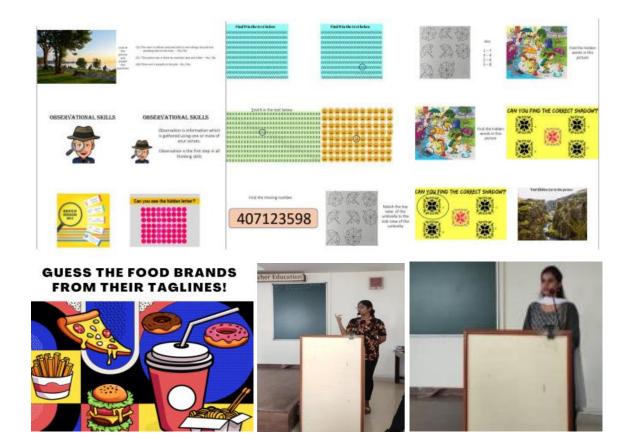


19th April, 2022	31	Aarti Pandey	Bamboozle	Baamboozle is a game- style learning platform that works online to offer accessible and fun interactivity for the class and beyond. Teachers can utilize the slideshow tool to show the questions to the class, or the study feature to allow groups to study the questions on their own if they wish to use the quizzes to educate rather than review anything.	
20th April, 2022	22	Ginni Khatwani	Powerpoint	Powerpoint is an interesting tool to teach students. Teachers can add images, videos to make teaching learning process unique.	https://www.youtube.c om/watch?v=rs9EalLa Y5s
21st April, 2022	16	Priyal Jain	Booklet	Booklet is a digital tool which teachers can use to inculcate in children a healthy habit of reading.	https://www.y outube.com/watch?v= xqfp9nRXImU



MORNING MUSINGS & DAILY QUOTES

Our college practices these activities under the guidance of Dr Manisha Tyagi at Bombay Teachers' Training College. Everyday 15 minutes was devoted by the students where they conducted different activities based on different skills. There were different activities conducted by the students like quizzes, maths activities, social science activities, games, tips for personality developments, small meditation exercises, zumba sessions etc. Every day beautiful quotes and messages were thought about by the students and they explained its importance on a daily basis.



Quotes:

- "Change is the end result of all true learning." ~ Leo Buscalgia
- "Educating the mind without educating the heart is no education at all." ~ Aristotle.
- "Make sure your worst enemy is not living between your own two ears." ~ Laird Hamilton



National Service Scheme (NSS)

1. Victory Week Celebration, 13th – 19th December, 2021.

As a part of Azadi ka Amrit Mahotsav, an initiative of the Ministry of Culture, Government of India, Bombay Teachers' Training College celebrated the Victory Week from 13th – 19th December, 2021 to commemorate the 50th Anniversary of the 1971 Indo-Pak war.

A quiz was conducted on teachers and students on the first day, through google forms, on the War of 1971. On the second day, an inter-college poster competition was held. Different colleges participated in this competition, namely Seva Sadan College, Thakur College, St. Xavier's College, The Khilafat Committee College of Education, Gandhi Shikshan Bhavan's College of Education, etc. The 3rd day of celebration included a puppetry show by Hands and Stories and a session on the 'Faces of Victory'.

A poetry recital was held on the 4th day on the theme – Fervent Expressions. The Saga of 1971 was narrated through storytelling on the last three days of Victory Week Celebration.

Students celebrated each day with enthusiasm to rekindle the spirit of nationalism in everyone.



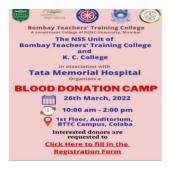
2. National Service Scheme Orientation on Thursday, 10th March, 2022.

Dr. Neelu Verma Ma'am organised the orientation session by inviting Dr. Satish Kolte Sir, district coordinator of NSS, Mumbai City, to give students of Bombay Teachers' Training College a detailed summary of various activities, tasks and responsibilities that National Service Scheme entails. For example: Blood donation drive, Educational project, Visit to community centres, Tree plantation drive, Pulse polio drive, etc. We were also informed about residential camps, wherein we could adopt a village and work for its welfare. Sir enlightened us with information on the NSS Logo which is based on the Rath Wheel of Konark Sun Temple, Orissa. The 8 bars in the wheel represent 8 "prahars". 1 prahar = 3 hours. 8 prahars = 8 x 3 hours = 24 hours. This signifies round- the-clock commitment of each volunteer of NSS towards social change. Sir also shared facts on the history of NSS and contributions received from Central and State Governments. There was also a doubt clearing session at the end. The orientation ended with a formal vote of thanks by Mr. Advait Vadarale.



3. Blood Donation Drive: Time: 9:00 am - 4:00 pm

A blood donation drive was organised by the NSS Units of Bombay Teachers' Training College and K.C. College, in association with Tata Memorial Hospital on Saturday, 26th March, 2022. On 25th March, 2022, an explanatory lecture was given by Mr. Vinay Shetty, permanent member of the Voluntary Blood Donation Committee of the State Blood Transfusion Council.



The lecture started at 2:00 pm and ended at 3:00 pm.

We were informed about the various blood groups, their meaning and rarity of BOMBAY blood groups. We were made aware of a life-threatening disorder - thalassemia and how we can cause much harm out of ignorance. We were also explained the concept of "Whole Blood Donation", wherein the blood that we donate is centrifuged to separate out 3 components, namely platelets, plasma and Red blood cells.



The 6 NSS leaders took the initiative to spread awareness about the blood donation drive in different classes of K.C. College and Bombay Teachers' Training College by speaking about it and sticking posters on different floors of the building. Volunteers of NSS took to social media to inform people about the blood donation drive. The blood donation drive started at 9:10 am with the arrival of the Tata Memorial Team.

Student volunteers of both colleges helped with recording of donors' details, giving refreshments to donors, spreading word about donation outside college, clicking pictures, etc. Faculty Member- Dr. Raju Talreja Ma'am and Esteemed Principal- Dr. Bhagwan Balani Sir of Bombay Teachers' Training College donated their blood readily. Other faculty members of our college were eager to donate their blood, but unfortunately didn't fit the criteria of being a blood donor. There was a doctor who ensured that the haemoglobin count of donors is more than 12.05g/dl in females and 13.0g/dl in males and less than 19.0g/dl in both. The doctor asked







questions to donors related to their sleep, food habits, periods, diseases, medications and also checked their blood pressure. It was a successful drive with around 30 out of the 78 registered donors, being eligible to donate their blood and thus, effectively contribute to society.

4. Preserving Life through Soil Conservation:

A seminar on "Save Soil Initiative" was held at Bombay Teachers' Training College at 11:05 am on 11th April, 2022. The seminar was conducted by the NSS unit of Bombay Teachers' Training College in collaboration with Isha Foundation. Students of F.Y.D.El.Ed., S.Y.D.El.Ed., F.Y.B.Ed. and S.Y.B.Ed. attended the session in large numbers. There were a total of 98 attendees, of which a majority belonged to the F.Y.B.Ed. class. Three volunteers of Isha Foundation- Ms. Shaili Swarup, Ms. Krishna Bastawala and Mr. Yash Mehta, spread awareness about the conservation of soil. The introduction of the seminar was done by Ms. Dipannita Mondal, she welcomed everyone and talked briefly about soil.

The Isha Foundation volunteer, Ms Shaili Swarup started the seminar by talking about the soil extinction crisis, what are the factors affecting that like overgrazing, excessive use of fertilisers, use of modern agricultural equipment, etc. She also talked about food shortage and the lack of nutrients in the food; she gave an example that the quantity of nutrients available in one orange in 1920 is now available in eight oranges in 2020. Ma'am also shed light on the farmers' suicide around the world. According to the United Nations, most of the soil is degraded and only 45-60 years of good soil is left. We were informed how we can contribute to the "Save Soil" movement. There was an interesting dance routine taught to us by Ms. Krishna. A lot of the students enjoyed this particular segment. This





was followed by a question & answer session. A lot of students' queries were resolved by the Isha Foundation Volunteers. This was followed by the volunteers informing us about the significance of being an "Earth Buddy", how it helps in spreading the word, how we go about signing up as one and the tasks to be undertaken. The Vice Principal, Mrs Mandeep Kochar gave her feedback and told the students to focus on the crucial message of soil conservation. The session was concluded by a formal vote of thanks presented by Ms. Ashlesha Pujara.



5. Dr. B. R. Ambedkar's Birth Anniversary:

A seminar on "Dr. Babasaheb Ambedkar's Contribution in Nation Building" was held at Bombay Teachers' Training College at 12:15 pm on 16th April, 2022. The seminar was conducted by the Social Science Club and NSS Unit of Bombay Teachers' Training College, Colaba. Students of F.Y.D.El.Ed., S.Y.D.El.Ed., F.Y.B.Ed. and S.Y.B.Ed. attended the session in large numbers. The Resource Person was Dr. Siddharth K. Ghatvisave. Ms. Alina Siddique of F.Y.B.Ed. welcomed everyone and gave a brief introduction about the speaker.



After the welcome speech, Dr. Siddharth K. Ghatvisave was asked to share his ideas on Dr. B. R. Ambedkar's contributions in nation building. He began his speech by describing the childhood of Dr. Ambedkar and the various struggles that he encountered in life. Dr. Siddharth ended his speech by giving a message to the youth, saying that Dr. B. R. Ambedkar was equally loved and hated, but his idea is still being practised today.

Our esteemed Principal Dr. Bhagwan Balani, shared his thoughts on the topic. This was followed by a Question & Answer session. The session concluded with a formal vote of thanks presented by Ms. Priyanka Makhija of F.Y.B.Ed.



ROTARACT CLUB

Investiture Ceremony

25th March, 2022

Venue: Trump Towers Lodha Park, Worli

The Rotaract Club of Bombay Teachers' Training College was established on 3rd August 2021. The Installation ceremony was held & graced by the board Members of the Rotaract Club of BTTC, Principal Dr. Balani & Dr. Neelu Verma. The ceremony was scheduled for Friday 25th March from 5pm to 7pm at the Trump Towers - Lodha Park Worli. The ceremony was held to formally introduce and inaugurate the club. The members were officiated with pinning of their badges in the presence of the District Officials of Rotary Club.



Formation of the Executive Body of RC BTTC 2021- 2022:
President – Ms. Ambica Motwani
Vice-President – Ms. Ginni Khatwani
Secretary – Ms. Fatema Jetpurwala
Joint Secretary – Prachi Shinde
Treasurer – Mr. Jaffin James
Sergeant at Arms – Mr. Akhil Chandrasekhar



The Rotaract Club of Bombay Teachers' Training College is the first RC formed in a Teacher Training College. A club that is led by the framework of friendship & service of future teachers & educators to continue passionate endeavours in the field of education & learning holistically.





RISE (Rotaract Initiative of Sports)

RISE is an annual Rotaract sports meet and is a celebration of all the sporting talent in Rotaract and Rotary. It is a 2-day festival where male and female Rotaractors alike, compete against each other to win the Trophy in Indoor and outdoor events. It brings together the 6 zones and Rotaractors & Rotarians and provides a platform for all to showcase their sporting skills.

RC BTTC participated in the events of mixed dodgeball and womens volleyball.

Women's volleyball stood third overall. We received the fair play award at the Zonal Event, a first for our participation in Bombay zone.

In frame: Treasurer RC Bttc - Mr. Jaffin James



Inter- Seller

Venue: Atlas Skill Tech, University

Date: 30th April 2022

Inter-Seller was a skill development workshop organised by the Rotaract Club of ATLAS SkillTech University. An apt event by the Institute of Management & Entrepreneurship at Atlas where the participants learnt how to pitch a product, budgeting & design in a fun & practical way. Various Rotaract Clubs were invited to be a part of the workshop.



The event was divided into 4 stages:

- 1. Speaker Session, Rtr Kaushal Bhuva was the trainer who gave a talk on "Essentials of Pitching, product designing & other soft skills"
- 2. Auctioning: All clubs made their own teams and the auctioning for Industries & raw materials took place using a set budget.
- 3. Creation: In this stage all teams were to brainstorm and create a product & pitch.
- 4. Pitch: Judges were invited who judged the participants based on their product & pitch.

It was a one of a kind event that allowed the participants from RCBTTC to learn, improve their pitching skills & use the stage to test their skills. The two teams from RC-Bttc had a great learning experience from the lens of an entrepreneur.



ECO CLUB

1. World Sparrow Day 2022

"The chirping of sparrows made us delighted every time. It is past time to safeguard our tame domestic birds. Happy World Sparrow Day."

As part of morning musing, the members of Eco club of Bombay Teachers' Training College raised awareness about World Sparrow Day on 20th March, 2022. The first World Sparrow Day was organised in the year 2010. It is observed to protect house sparrows as they are on the verge of extinction, both in urban and rural habitats. The theme for this year was "I Love Sparrows. Various events and campaigns were held which aimed at the conservation of sparrows. The theme reminded people of their childhood love and affection for sparrows and inspired them to work towards it. Soon these things would become distant memories.





The members of the club highlighted various points and reasons for the extinction of sparrows. One of them being Radio Waves. We suggested simple executable ways of protecting sparrows in their own vicinity. First one was to put out water bowls, grains to save sparrows from extinction for those who did not have bird feeders. We sent digital posters made by our club members and posted it on all social media platforms. Our Club In charges Prof. Dr. Rajeev I Jha and Prof. Dr. M.A Ansari spoke about how we can make a difference to the world by little changes and contributions in our everyday life which was a perfect culmination to the event.



2. Morning Musing: World Water Day

By the members of Eco Club 2021-23 Jaini Gala, Rutika Chourasia, Dipannita Mondal, Shreya Kshirsagar. World Water Day is an annual United Nations (UN) observance day held on 22 March that highlights the importance of freshwater. The day is used to advocate for the sustainable management of freshwater resources. The theme of this day focuses on topics relevant to clean water, sanitation and hygiene (WASH), which is in line with the targets of Sustainable Development. The UN World Water Development Report (WWDR) is released each year around World Water Day.









World Water Day is an international observance day. The intention is to inspire people around the world to learn more about water-related issues and to take action to make a difference. In 2020, due to the COVID-19 pandemic, there was an additional focus on handwashing and hygiene. Relevant issues including water scarcity, water pollution, inadequate water supply, lack of sanitation, and the impacts of climate change (which is the theme of World Water Day 2020) were discussed by our respected Sponsor and the Mentor of the club along with several members of our Eco club. A brief discussion was held on how water can be used more efficiently with which the event was concluded.

3. World Earth Day

The Eco Club of F.Y.B.Ed. 2021-23 organized a morning musing on the occasion of World Earth Day. The activity started with a formal introduction by Ms. Karuna Gamre and then she recited a beautiful poem on Earth written by herself, the title of the poem is 'We belong here'. The poem emphasized on how rare our planet, we have no other planet to call home and it is our civic responsibility to conserve our planet Earth.

The activity was then taken forward where a quiz was conducted to test the knowledge of the audience about our planet and to create awareness among them. The audience along with the teachers were enthusiastically involved and interacting. The quiz turned out to be very informative and eye opening for many. The activity was then taken forward by Ms. Dipannita Mondal, talking about the litter less lunch policy, mentioned its various benefits and how by adopting litter less lunch policy we can reduce generating waste and have healthier meals and



select eco-friendly alternatives. And to conclude, Dr. Rajeev I Jha came ahead and shared his insights about world earth day in a very creative way. He invited a few volunteers from the audience who are trained in classical dance and asked them to demonstrate 'Namaskaram' to the audience, one by one the volunteers displayed the act. Dr. M.A Ansari also shared his experiences and anecdotes about the conservation of water which inspired many. The session was concluded with a formal vote of thanks by Ms. Karuna Gamre.



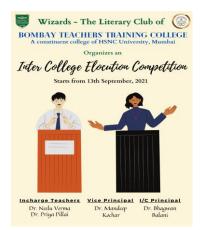


LITERARY CLUB

Wizards, The Literary Club organised a host of activities under the mentorship of Dr. Neelu Verma and Dr. Priya Pillai. The first one, Harry Potter Birth Anniversary Celebration was held on 31st July, 2021. The class along with teachers were divided into 4 groups or houses based

on the 4 houses of Hogwarts. Post that the rules and instructions for the live Trivia quiz were verbalised and the quiz began. It has various segments such as 'Can you guess which book has this scene?', 'Dumb Charades- What are they saying? Who said this?', 'Quidditch World Cup', 'Defence Against the Dark Arts' and so on. All these segments had questions related to them and the team that gave the quickest and the most correct answers, won the trivia round.

In addition to that as Pre- main event activities we also had Photography activity wherein the participants had to click photos of souvenirs, original paintings and drawings, self-



portraits and submit it. 16 photos were received. There was a short quiz held for which 111 responses were received. Lastly there was a fanfiction contest for which there were 3 entries. At the end of the trivia round, the entries and submissions of all these Pre- main event activities were shown.

The next one was Intercollege Elocution competition was held on 13th of September 2021 and the last date for submission was 30th September 2021. We received 24 entries. There were a variety of topics one could choose from, such as: 'A letter to future India', 'All Indians are my sisters and brothers', 'A freedom fighter I would like to have in today's time, Are we really independent?', 'What have I done for my India?' and 'Qualities of a freedom fighter I would like to have.'

Criteria for judging was Organisation, Relevance of subject matter, Presentation, Clarity of thought, Voice modulation and Fluency, Body language and Confidence. In the words of our Judge, Ms. Fatema Contractor "Each participant has poured in sincere efforts which are highly appreciated. Participation is always winning, so kudos to each participant!"

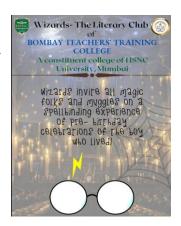




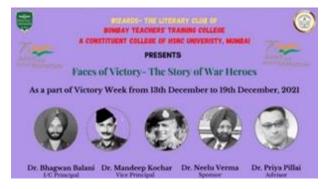


The winners were: 1st. Shifa Mithani 2nd. Nandini Pathak 3rd. Rashi Kulkarni

World Poetry Day was another literary day celebrated by the club. It began with an introduction that laid emphasis on the essence of poetry. The contribution of famous poets worldwide as well as renowned female Indian poets were highlighted. It was followed by an activity of poet recitation and interpretation. Some students as well as teachers recited poems made by themselves which certainly awakened the deepest and heartfelt emotions of the audience. As the celebration proceeded activities such as Haiku Jam and quiz were conducted.



The Literary Club also participated in the 'Azadi ka Amrit Mahotsav- Victory week'. We started off with an introduction to and significance of the Victory week followed by the first activity on 'Quiz of War 1971'. We received 58 responses. The questions with their correct answers were displayed further.



Next was a video on 'Faces of Victory:

Stories of War Heroes.' started with the introduction about how our country was divided into two parts, India and Pakistan post-Independence which was followed by a short puppetry video that taught us, "We should always try to cherish our Life". It also reminded us that "Life always gives us a Second Chance". Post that, five war heroes were spoken about- Field Marshal Sam Hormusji Framji Jamshedji Manekshaw, Rameshwar Nath Kao, Brigadier Kuldeep Singh Chandpuri, Major General Ian Cardozo, Flying Officer Nirmal Jit Singh Sekhon whose contributions are still remembered when one confabulates about the war of 1971.

Lastly we had 'Fervent Expressions- A Poetry Recital' where students of BTTC recited poems not necessarily only about war, Anti- war or the effects of war but also other respects like peace and victory in English as well as Hindi such as 'Desh ke sainikon se', 'If I don't make it home' and 'I know why the caged bird sings'.





SOCIAL SCIENCE CLUB

The objectives of the Social Science Club are to advance our understanding of social sciences and to create interest & make students active. It also creates power for thinking for society and fosters imagination and creativity among the student-teachers. It provides leadership opportunities to student-teachers and organizes club activities to inculcate social values.

The dynamic Social Science Club 2021- 23 of Bombay Teachers' Training College was formed on 11th April 2022 under the guidance of Social Science Club mentors Dr. Manisha Tyagi and Dr. Raju Talreja. With the team effort of



the Club leaders and members, following events were conducted by the Social Science Club.

Our first event was a seminar on "Dr. Babasaheb Ambedkar's Contribution in Nation Building" at 12:15 pm on 16th April, 2022. After the welcome speech, our resource person Dr. Siddharth K. Ghatvisave enriched us with his idea about Dr. B. R. Ambedkar's contribution towards nation building. Dr. Ghatvisave shared various anecdotes and childhood stories which consisted of several events where Dr. Ambedkar struggled at first but eventually rose to glory because of his perseverance. He highlighted how particularly his contribution in drafting the framework of our constitution was a pioneer move in India's history. The event was a success with each person taking a bucket full of learnings home.

There was a very interesting and successful event of Maharashtra Day and Labour Day which was celebrated at 10:20 am on 30th April, 2022. Students of F.Y.D.El.Ed, S.Y.D.El.Ed, F.Y.B.Ed and S.Y.B.Ed attended the event in large numbers. The event began with the entry of our Principal Sir and our faculty members on the music of Nashik Dhol followed by a brief introduction about the history and beauty of Maharashtra. The programme was full of

enthusiasm and students gained knowledge on Maharashtrian culture consisting of songs sung in the Marathi language, Lavni and Lezim Performances. The importance of labour day was highlighted through the help of a skit showcased by our students. This programme was a grand success overall and ended with a smile on people's faces.





SCIENCE MATH CLUB

1. Event: Inaugural Function of Science & Maths Club

Date: 30th April, 2021

The session started with the sponsor of the Science Math Club Dr. M. A. Ansari welcomed the Principal Dr. Bhagwan Balani and Vice Principal Dr. Mandeep Kochar and other faculty members and students. The Chairman of the club Mr. Ansari Hamid Raza introduced the executive student Body. Then, the Logo, Motto and the Tagline were launched. The Motto is "Educating Individuals how Things Works"; and the tagline "Never. Stop. Questioning". The Joint Secretary of the club Ms. Shweta Mishra gave a short introduction in the form of a story about the great mathematician Carl Friedrich Gauss. His significant discovery, in 1792, was that a regular polygon of 17 sides can be constructed by ruler and compass alone. One of the interesting facts about Carl Friedrich Gauss is that his mother was illiterate and didn't record his birth date, so after several years he himself solved the puzzle when he was born and determined it as 30th April,1777. Later, a YouTube link was shared in which the method of calculating the numbers in an easy method by Gauss was shared.

2. Event: Awareness regarding Spread of Malaria

Date: 7th May, 2021

The session's crux was to create more awareness on Malaria and how to prevent Malaria. The session was started by the Treasurer of Science & Maths club Mr. Jaffin James by introducing Ms. Shamin P. Tuscano, Liaison officer of Science & Maths club. She first started the session by telling what malaria is, it's symptoms. She continued the session by telling how important it is to contain the spread of Malaria or else it deteriorates the community health.

Also she focussed on the spread chain of Malaria, that is how an infected mosquito can infect the host on which it is preying, thereby infecting the host also. Once the host is infected he/she is now a carrier of the parasite Plasmodium and will spread the disease. She also mentioned initiatives taken by Municipality, urban local bodies, or BMC in the direction of containing spread of the disease by sending task forces who sanitise areas where possible breeding of mosquitoes might take place. She ended the session by saying "we should be safe, and strive towards making the environment around us safe, for the people around us". This reflects a lot on how we can act responsibly and how our small actions in keeping areas around sanitised can make a big difference.



3. Event: International Women's Mathematics Day

Date: 12th May, 2021

The session was started by the Treasurer of Science & Maths club Mr. Jaffin James by introducing Ms Oomaima I. Kasu, co-opted member of Science & Maths club. She began the session by telling how the mathematics community celebrates this day by celebrating the contributions of various women in the field of mathematics. The main aim of this day is to inspire young women everywhere to pursue the love of mathematics and to encourage an open, welcoming and inclusive work environment to all. May 12 is chosen as international women's mathematics day as it is the birthday of Dr Maryam Mirzakani, an Iranian professor at Stanford university. A brief information about Dr. Maryam Mirzakani's life history and how did she find talent in mathematics was discussed. Dr. Maryam Mirzakani won the field medal in mathematics in 2014 for her contribution to dynamic and geometry of Riemann surfaces and their moduli spaces. Till date Maryam is the only woman to win the field medal since inception in 1936. She also won the 2009 Blumenthal award for the advancement of research in pure mathematics and 2013, Satter prize of American Mathematical Society. The session ended by reading quotes of Dr. Maryam Mirzakani which inspired the young ladies in the field of mathematics.

4.Organised Event: Concept of ZERO

Date: 19thJuly, 2021

The session was started by the Treasurer of Science & Maths club Mr. Jaffin James by introducing Nagaraj Ambat, co-opted member of Science & Maths club. The concept of ZERO and its different names in different languages (nulla in Latin, Ling in chinese pujyam in tamil Shunya in sanskrit) were highlighted. Moving to the place value system, he explained the concept how the power increases by multiple of ten just by placing a zero to the preceding value. Later he explained the concept by relating it with the verse of Aryabhatta (An Indian Mathematician) from the book Aryabhatta. He talked about operations on zero that if we multiply zero by any number the answer will be zero but if we divide any number with zero the answer will go towards infinity. He explained a short proof whether zero is even or odd.

5. Organised Event: How do we see colour?

Date: 22nd July, 2021

The session was started by the chair-person of Science & Math club Mr. Ansari Hamid Raza. He started explaining about the white colour light and its constituents. He explained the structure of the human eye, the photoreceptors and how Newton explained how we perceive colour and how different coloured bodies reflect light.



6. Event: Tides and Moon

Date: 25th July, 2021

The objective of the session was to enlighten the class with the basic knowledge about tides and its relationship with the moon. Leading the session, the Treasurer of Science & Maths club Mr. Jaffin James introduced Ms. Ansari Hafsa, a co-opted member of the club. She started her talk by reminding the class about the behaviour of water that they may have observed at a beach or at a seacoast. The speaker explained how the continuous movement of water is said to be the waves and the rising and lowering of water is said to be the tides. With reference to the tides she related how the position of the moon and its gravitational force is responsible for the tides in the water body.

Ms. Hafsa then demonstrated the bulging of water due to the tidal force with the help of a short clip. By using picture illustration, she described how the Earth balances its weight of bulging water generated by this force. The positions of tides on the globe were also elucidated by her. Lastly she mentioned by what means global warming is directly affecting the tides. The higher sea level has a consecutive effect on the tides. As a result, higher tides are produced by the water bodies leading to disasters like floods and cyclones. Thus by this piece of awareness the session was concluded.

7. Event: Lesser known applications of Mathematics

Date: 26th July, 2021

The objective of the session was to enlighten the class with the knowledge about various career fields where mathematics is used. Leading the session, the Treasurer of Science & Maths club Mr. Jaffin James introduced Ms. Anupamaa Bijlani, a co-opted member of the club. She started her talk by highlighting the fact that students usually ask teachers about where we are going to use the mathematics which we are learning. The teachers usually can share only two to three careers like mathematics professor, engineering, computer science and so on.

Ms. Anupamaa then shared about two lesser known career paths where knowledge of mathematics plays a crucial role; Air Traffic Controller & Animator. She explained to the class how the Air Traffic Controller is responsible for maintaining the safer distance between airplanes and making sure that no clashes happen and how the knowledge of distance, speed, altitude is important to them to make sure the safe travel happens. She then explained that the knowledge of geometry, trigonometry, linear algebra and calculus is essential for Animators to decide the movement and rotation of characters in animation and it also helps them to decide the distribution of lights and the amount of light to display. She explained these two career paths briefly and then concluded the session.



8. Event: Onions and Tears

Date: 28th July, 2021

The objective of the session was to enlighten the class with the science behind why we normally "cry" while cutting onions. Leading the session, the Treasurer of Science & Maths club Mr. Jaffin James introduced Mr. Akhil Chandrasekar. He started his talk by briefly showing a Presentation on Onions, how they grow and their evolutionary mechanism that protects them from predators such as Voles. He further stated that Onions spew enzymes and sulfenic acid. These compounds combine to produce propanethial S-oxide, an irritating gas which is an lachrymator agent that produces tears. He also established a fact that older onions are more likely to make someone cry when chopped since they relatively contain more Sulfenic Acid as compared to new ones.

He also gave us quick life hacks to prevent tears while cutting onions such as avoid cutting your onion near the root end as this part contains the highest concentration of sulfuric compounds that can make you cry. Also chilling your onion in a bowl of ice water for 30 minutes before cutting would also remove the volatile compound in onions.

9. Event: Collatz Conjecture

Date: 15th September, 2021

The objective of the session was to enlighten the class with a very interesting mathematical problem that has not been solved till now. Ms. Priya A. Singh, the Secretary of the club, started her talk by creating a curiosity about how the problem seems to be very simple at the first go but still has not been solved yet. The speaker explained that a conjecture is basically a conclusion based on the evidence. With reference to the conjecture she introduced the Collatz Conjecture and explained the two basic rules of this problem. Ms. Priya by taking an example of the number "11" and using the two rules mentioned, then demonstrated how the number goes up and down but eventually falls down to the number "1".

By using flashcards she gave a few more examples of how this Collatz Conjecture is that for every positive integer, if the two rules are applied, the integer will eventually end up in the "four-two-one loop". Lastly she mentioned how among the Mathematicians this problem is not so famous but infamous, in the sense, that if someone actually admits in public that they are working on Collatz Conjecture, then there's something wrong with them. Thus by this piece of an unsolved mystery in Maths, the session was concluded.



WOMEN DEVELOPMENT CELL

The Women Development Cell at Bombay Teachers Training College consistently works to sensitize & enhance women empowerment & gender equality. The Women Development Cell is a mandated body as per Section 3.2(15) of UGC Guidelines.

It has been formed with the motive of promoting healthy relationships among the students. It is important that prospective and pre-service teachers are exposed to the various ideas & ways they can achieve gender equality in schools. The WDC organizes TalkFests & Webinars/Seminars/Events to achieve this aim.

Achieving equality on & off campus is the responsibility of this cell. All activities of WDC aim to promote practices & mechanisms which help students and teachers to create a supporting and enabling environment to achieve equality.

Events -

Investor Awareness Program

Date: 3rd September, 2021

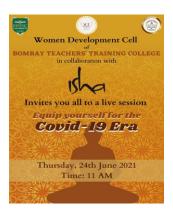
The resource person Dr Amogh Gothoskar spoke about how to invest and where to invest. He highlighted that it is important to start investing at an early age, right from the beginning of your career. He specified how investment decisions impact tax liabilities in the future. He emphasized the importance of setting financial goals as soon as possible. He also suggested various options available for investing and the risk factors that they involve. He took questions from the audience and sorted all queries.



Yoga session on the theme 'Equip yourself for the COVID-19 Era'

Date: 24th June, 2021

This informative session was conducted by the Women Development Cell of Bombay Teachers' Training College in association with Isha Foundation. The resource person for the day was Ms. Kalpana Maniar, Director of Edelweiss Rural & Corporate Services Limited who had been associated with Isha Foundation for many years and devotes her time on various Outreach programmes and initiatives. She informed the audience about the main takeaway of the event which was Sadhguru's insights on the physical and mental challenges faced by people in times like the pandemic that we are going through, practices to boost immunity and improve respiratory function.





International's Women's Day

Date: 8th March, 2022

Gender Equality Today for a Sustainable Tomorrow #Break the Bias

Resource Person: Nusrat F. Patel

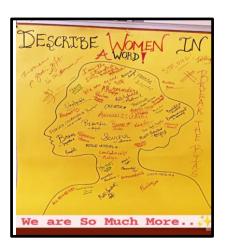
The students made the ambience a true celebration to being a woman with their usage of everyday essentials for a woman as a decor to creating a very thoughtful 'Pin your thoughts' board under the tagline "Describe women in one word" where the guests got to interact and reflect before entering the event hall.

The Event began with an Impromptu Dance performance by the Participants of the programme as a refresher to entertain the audience while they awaited the guests of the day. Mrs Nusrat F. Patel gave a 60-minute in-depth talk on Weight Training & Diet. A skit was presented on gender role reversals, portraying women as matriarchs challenging the usual patriarchal narrative.













PREPARING TEACHERS FOR TOMORROW

INTERNSHIP EXPERIENCE

Internship at BTTC offers a great exposure to the student-teachers by providing meaningful educational experiences. It has collaborated with schools and colleges of different boards, namely SSC, HSC, CBSE, ICSE and Cambridge (IGCSE). The faculty in-charge are Prof. (Dr.) Rajeev I. Jha and Prof. (Dr.) M. A. Ansari. Each school group consists of a leader and attendance in-charge. Review meetings take place in the college on a weekly basis to facilitate smooth communication.

Anupamaa Bijlani

The internship opportunities provided at BTTC were very helpful in strengthening our pedagogical knowledge and using it in the classroom. We were exposed to both online and offline teaching experiences, which gave us an edge over other student-teachers who were only experienced in offline teaching.

I got an opportunity to intern with the best colleges and schools in town: K.C. College of Arts, Commerce, and Science; H.R. College of Commerce and Economics; V.B.M. Model High School, Grant Road; Shree Ram High School, Andheri; and The Diamond Jubilee High School. It not only helped improve my teaching skills but also enhanced my professional profile.

Nagraj Ambat

My experience as an intern was simply fabulous where I felt I am the captain of my ship where ship means the class where I was teaching where I was guiding my students towards the goal, to become a sound citizen of India by inculcating a curiosity for education in those young brains.

Dinaz Irani

My internship experience was amazing and interesting. I was always learning from students, teachers, peers and from my own experiences. Giving the first lesson felt terrifying but the students were young yet so mature, I felt at ease with them soon after. Thereafter, my students and I established a good rapport which furthered the teaching learning process smoothly. This was especially true for Class 6 students. Through past experience as well as observations. I saw how students were not getting adequate chances to answer or ask, hence I decided I would give a chance to each child waiting to answer a question or ask a question. This would help them in expressing themselves and would keep their curious nature alive!



CAMPUS PLACEMENT

The Bombay Teachers' Training College prepares student teachers for all levels of education from early childhood till higher secondary, across the various school boards. Many of the alumni of the college are highly placed in reputed international schools across the city of Mumbai and across borders. The college prepares teachers to be competent to teach both locally and globally. Teachers are encouraged to explore their unique talents and potentials and be culturally conscious. We work very hard to provide our teachers with the professional development and support that they need to succeed.

The college organizes campus placement programmes from the month of January to March of each academic year. : The college sends an invitation letter in the month of January to all the schools and institutions to be a part of the campus recruitment.. The schools and institutions register the names by calling in the college office and also by sending an email. These schools give their details prior regarding the number of vacancies they have and subjects they wish to recruit teachers for. A mail is sent within 3 to 4 working days to intimate the schools institutions and organizations regarding the date and day for the campus. In case the schools/ institutions

do not receive an e- mail or any response they are requested to contact the in- charges.

The campus placement conducted for my classmates and me was an experience that opened many doors for us, with a lot many schools coming on our campus, from various locations. It taught me how to confidently show up for job interviews. It prepared me more and more to find success in the interviews to follow. For me, it arose a feeling of hope to see how



many opportunities lay ahead of me even after rejections. Nevertheless, post interviews help us to reflect on our journey and somehow even think deeply about our passion and interests. I truly recommend every student to be a part of campus placement and make the most of it.

The schools that came were Shishuvan, Chatrabhuj Narsee, Orchids International School, Rustomjee Cambridge International, Shikha Academy, and many more. Following students were placed successfully with handsome salaries.



Sr. No.	Name	School/College	Area
1	Suchi Dedhia	Swami Vivekanand International School	Borivali
2	Aditi Kelshekar	Currently pursuing higher education-IIM	Udaipur
3	Asfiya Afzal	Orchids The International School	Masjid
4	Shweta Mishra	Shikha Academy	Borivali
5	Avanti Pandit	BKM High School	Chowpatty
6	Janet James	Convent of Jesus and Mary	Fort
7	Aayesha Mansuri	Girton High School	Grant Road
8	Priya Singh	Shikha Academy	Borivali
9	Pratiksha Sawant	Ryan International School	Kharghar
10	Oomaima Kasu	Holy Name High School	Colaba
11	Shamin T.	Savitribai Hariram Agraval	Kandivli
12	Prachi Shinde	Muljibhai Mehta International School	Virar
13	Hamid Raza	Shikha Academy	Borivali
14	Nagraj Ambat	Saraswati Vidya Mandir	Ghatkopar
15	Gazal Sharma	Vibgyor High School	Kharghar
16	Ambica Motwani	R.D. and S.H. National College	Bandra
17	Priya Talreja	Seven Square Academy	Mira Road
18	Dhrumi Vora	Sharda Mandir High School	Hughes Road
19	Krupa Sampati	Mount Mary High School	Goregaon
20	Priyal Jain	Kenia And Anchor English School	Lalbaug
21	Fatema Jetpurwala	G.D Somani Memorial School	Cuffe Parade
22	Jaishree Rathi	The Cambria International School	Kalyan
23	Kinjal Jain	Chatrabhuj Narsee School	Kandivali



CELEBRATIONS AT BTTC

INDEPENDENCE DAY

The Independence Day Programme was held on 15th August, 2021, under the guidance of Dr. Rajeev I. Jha and Dr. Manisha Tyagi on the theme '75th Independence Day Celebration- Azadi Ka Amrut Mahotsay'.

The Programme commenced with our comperes for the day- Ms Vidhi Shah and Ms Ambica P. Motwani welcoming everyone. The college prayer was followed by a brilliant Bharatanatyam performance by Ms Damini Vengurlekar as an 'Invocation to Lord Ganesha'. Next, our inspirational chief guest, Prof. Uma Narain was formally introduced by Ms Aditi Kelshekar.

A short speech on the 'Significance of Independence Day' was given by Ms Dinaz Irani which was followed by The National Pledge of India taken by students with utmost conviction and dedication.



Next in line was 'Azadi Ki Kahani Veerangnao Ki Zabani', a drama where five students of class FY. B. ED. portrayed five valorous and inspirational female freedom fighters who contributed to India's freedom struggle and valiantly fought for it. The



performances were eye catching and gave us a glimpse of how women were more than just the backbone of the freedom struggle movement, they were the heart of it. This was followed by wonderful dance performances by students on various patriotic songs. 'Nagm- e- Azadi' consisted of melodious musical, instrumental and vocal performances by students. It was heartwarming to hear such soothing as well as energetic voices of our dear classmates.

Next up was 'Contemplating Freedom' in which students shared their thoughts about what

freedom and independence meant to them. It was refreshing as well as interesting to listen to our peers give different interpretations of freedom. Presented after that was 'Hum Veer Saput Bharat Mata Ke' which was a monologue by Ms Prachi Shinde where she played the role of a soldier's sister who spoke about





how our courageous soldiers on the borders stand strong day in and out to protect the citizens of the country She spoke about how the families of those in the armed forces cope with being away from them and miss them dearly. It struck a chord with the audience and touched our hearts.

Our enthusiastic Professor, Dr. Rajeev I Jha's son, Master Devmani Rajeev Jha did a wonderful rendition of the song 'Teri Mitti' from the film 'Kesari'. After that, we had amazing dance performances on songs such as 'Ma Tujhe Salam', 'Rang De Basanti', 'Phir Bhi Dil Hai Hindustani'.

An Ode to Jhansi was the next video-based segment where all faculty members of BTTC and students came together to read out the poem named 'Khoob Ladi Mardani Voh Toh Jhansi Wali Rani Thi'. 'Tirange Ki Shaan' which showcased paintings and crafts created by the students on the theme of unity in diversity. The myriad colours were eye-catching.



लक्ष्मी थी या दुर्गा थी वह स्वयं वीरता की अवतार, देख मराठे पुलकित होते उसकी तलवारों के वार, नकली युद्ध-व्यह की रचना और खेलना खूब शिकार, सैन्य घरना, दुर्ग तोड़ना ये थे उसके प्रिया खिलवार। महाराष्ट्र-कुल-देवी उसकी भी, आराध्य अवानी थी, बुंदेले हरबोलों के मुँह हमले मुनी कहानी थी, खूब लड़ी महानी वह तो इतसी वाली राजी थी।।।

'Vividhta Mein Ekta' was another showcase which showed students greeting in different and diverse state languages. Next was 'Desh Rangeela' was another set of dance performances by our students, so remarkably and gracefully done. It showed the joy and enthusiasm of celebrating the 75th year of Independence.

Many students and teachers had participated in the 'Rashtragaan', an initiative by the Ministry of Culture to mark the Azadi Ka Amrit Mahotsav'. Their certificates were displayed.

In the segment of 'Swatantrata Diwas Ki Subhechha' everyone turned on their cameras and wished each other a happy and joyous Independence Day while waving the flag of India. Our Chief Guest, Prof. Uma Narain then addressed the gathering and provided us with her insights and delightfully congratulated us for the successful event. The 75th Independence Day Programme ended with a formal vote of thanks by Hamid Raza Ansari and finally, the National Anthem.





GANDHI JAYANTI CELEBRATIONS

"Gandhiji: A Celebration" was celebrated on 1st of October 2021. The program started with

college prayer and principal, Dr. Bhagwan Balani's address to the audience present on the virtual platform. Sir shared his motivational thoughts on Gandhi's philosophy. The entire event was hosted by student teachers of BTTC.

This was followed by the introduction of the honourable chief guest, Mr. Sachin Kumbhar





and renowned special guests namely Ms. Rabia Patel and Ms. Azmin Vania. The event transitioned into the insights shared by Ms. Azmin Vania on the importance of role play in classrooms. A variety of ideas about significance of role play were shared along with real life examples experienced by madam. After this, an inspiring and heart touching

panoramic video was displayed. It was about Gandhi ji and touched everyone's hearts deeply. Then, the performances of the participants of the role play competition were presented. Every performance was spectacular.



After this, Mr. Sachin Kumbhar addressed the audience by throwing light on the essence of emoting on virtual platforms, especially online classrooms, from a teacher's point of view. His tricks and tips about how to build a child's confidence, diction, usage of phonics, pronunciation and vocabulary was helpful.

Dr. Lubna Mansuri and Dr. Meenakshi Lath interacted with him. This was followed by Dr. Bhagwan Balani's reflections, feedback and appreciation for this fabulous event. Then there was a transition into the results of the role play competition. In the first place stood Mrs. Azmin Vania (MA) and Mr. Hamid Raza Ansari (B.ED). Then Ms. Rabia Patel shared a few words of gratitude towards the Bombay Teachers' Training



college for organising and executing this outstanding event. Finally, the event concluded with a formal vote of thanks followed by the national anthem.



DIWALI CELEBRATIONS

The Term End Social Diwali celebrations was held on the theme 'festival of lights', under the guidance of Dr. Rajeev I. Jha and Dr. Manisha Tyagi. The programme began at 10:00am with the compère for the event greeting the gathering followed by the technical team playing the college prayer. The college prayer was sung by the F.Y.B.Ed. students of BTTC.

Thereafter, Ms. Ambica P. Motwani introduced our honourable principal- Dr. Bhagwan Balani and invited him for the welcome address. He welcomed the chief guests, special guests and students. He spoke about the importance of the Festival. In his speech, he remembered our dear faculty members who had departed for heavenly abode this year.

Then, the students of F.Y.B.Ed. introduced the chief guest, Mr. Kishu Mansukhani and all the special guests for the event- Ms. Maya Shahani, Mr. Pece Gorgievski, Mr. Ilija Najdovski, Ms. Iliana Schmatelka, Mr. Dave Rogers and Ms. Roshani Shenazz. The gathering wished Ms. Maya Shahani as it was the occasion of her birthday.



Then, the programme of cultural extravaganza started off with great excitement. The compère introduced the first performance of the Sindhi community- "Sindhiyun Ji Diyari". The students of F.Y.B.Ed. showed how the Sindhis' celebrate the festival of Diwali. They also presented 'The Hojamalo.'

Thereafter, the compere beautifully introduced the state of Rajasthan. The students of ECEP beautifully showed the Diwali celebration in Rajasthan with beautiful Rangolis, Dia making, etc. titled as "Maro Rangeelo Rajasthan". Their performance was wonderful. After Rajasthan, it was the state of five rivers —Punjab that was depicted by the students. The Folk dance of the state, their way of celebrating Diwali, that additional attire etc were shown in a wonderful way as "Sadda Punjab, Saddi Shaan".

Thereafter, Kashmir- "Heaven on Earth" was depicted greatly by yet again the students of ECEP. Then, the state of Uttar Pradesh was introduced as "Imarti ki Mithas" as the state is known for its imartis. The Diwali festival in the state was also presented in a dynamic manner.



After Uttar Pradesh, "Temples Galore" - Tamil Nadu was presented by the students of Junior D.El.Ed. They wonderfully showed how the festival of Diwali is celebrated in the state with Rangoli, traditional outfits, etc. Then, the compère described the delicious and mouth-



watering sweets of West Bengal. The state with its sweets being very popular in the country was very well represented by the students of Senior D.El.Ed.

After the performance of West Bengal, the guests were invited on the platform to reflect upon the programme so far. The guests spoke a few words and expressed their views on the event. They all really were enjoying the program and loved the colourful celebration of Diwali. Mr Dave Rogers described Diwali as delightful and full of love and light.



The special guests enjoyed the videos of the different states. After all the special guests and chief guests addressed the gathering, the compere took the event further and introduced the state of Goa. The Goan culture, language and the beaches were described greatly and the students of Senior D.EL.ED. showed the Diwali celebration in the state in a wonderful way. Similarly, the different classes of BTTC i.e. the ECEP, junior and senior D.EL.ED., wonderfully presented the Diwali celebration in the different states of India namely-Nagaland, Telangana, Andhra Pradesh, Maharashtra, Kerala, and Karnataka.

Then, Mr Pece Gorgievski was invited to speak a few words about the program and the Festival of lights. A short video prepared known as "Diwali ki Shubhkamnaye" was then shown.

Finally, Ms. Maya Shahani was invited to address the gathering. The event then came to an end and Ms. Hafsa Ansari proposed a formal vote of thanks after which the audience was requested to switch on their cameras and light a Diya. A great end to a great programme.





CHRISTMAS CELEBRATIONS Collaboration with GDF

Bombay Teachers' Training College in collaboration with **Global Dialogue Foundation** celebrated Christmas Day in **Online Mode**, under the guidance of Prof. (Dr.) Rajeev I. Jha and Dr. Manisha Tyagi. Mr. Hamid Raza, Chairperson of the cultural committee welcomed everyone for the Christmas celebration.

The program started with the college prayer played online by the technical team. Mr Hamid gave a beautiful introduction about Principal Dr. Bhagwan Balani then invited him to address everyone present. Followed by his amazing words Ms. Priya Talreja welcomed and also gave a beautiful introduction about the chief guest for the event Mr. Kishu Mansukhani, President

of HSNC University.



Sir welcomed the special guests for the event Ms. Maya Shahani (Chairperson, Shahani group), Mr. Pece Gorgievski (CEO, GDF), Dr. Ilija Najdovski (Co-founder, GDF), Ms. Iliana Schmatelka (Deputy Director General, GDF), Mr. Dave Rogers (Global Mentor) and Ms. Roshani Shenazz (Director UID-India Chapter, GDF).



Dr. Balani talked about the importance of Christmas eve for all and how it is celebrated in different parts of the world.



Ms. Kinjal and Ms. Dinaz Irani started the event with the beautiful video that showcased Christmas celebration around the world, Ms. Azmina Khoja, Mr. Akhil and others very beautifully explained the custom across different countries in the video. This was followed by a beautiful carol singing recorded by the students of B.Ed.

It was then followed by an amazing performance by the students of D.El.Ed. It was then followed by a puppet show by ECEP depicting Christmas.

After the performance, Ms. Jaishree Rathi invited our special guest Mr. Pece Gorgievski (CEO, GDF) to

address everyone and then invited Ms. Maya Shahani to address the students and teachers. The event was then followed by reflections of Dr. Bhagwan Balani, Dr. Manisha Tyagi and Prof. (Dr.) Rajeev I Jha.



REPUBLIC DAY

The 73rd Republic Day of India was very enthusiastically and patriotically celebrated by students of BTTC on the 26th of January, 2022 in a virtual mode. It was organised by the Students' Council, Social Science Club, and Science Maths Club. It started with the comperes, Ms. Vidhi Shah and Ms. Ambica P. Motwani introduced the programme and initiated the college prayer.





A video on the significance of the Republic Day was done by Ms. Dinaz Irani who spoke about the constitution being brought into effect on this day in the year 1950 as well as why the day was

commemorated. This was followed by an introduction of the Preamble by Mr. Hamid Raza.

A wonderful Skit called 'Discerning Democracy', was then performed by the students- Ms. Fatema Jetpurwala, Ms. Dhrumi Vora, and Ms. Aditi Kelshekar. The skit gave us a detailed explanation of what the Preamble means and what place the constitution holds in the lives of Indians.

After the enlightening skit, we had 'Sway to the tunes of Liberty' which was a lively dance and song performance segment. We had our lovely and energetic students- Ms. Suchi Dedhia, Ms. Priyal Jain, Ms. Kinjal Jain, Ms. Dhrumi Vora, Ms. Krisha Panchal give stunning dance performances while Ms. Shweta Mishra, Mr. Hamid Raza and Mr. Harshvardhan sang patriotic songs melodiously along with playing musical instruments in sync with the songs. It was a



treat to hear! Post that we had our classmates talk about 26 facts of the constitution and how it was created. It was indeed interesting to know these facts!



Next up was 'Superpower by 2030' which included information on continuous, comprehensive and holistic development that took place in sectors namely Agriculture, Education and Health Care. Post that, we had 'India in Space' which sought to give us information on India's journey to space beginning from the first satellite launched in 1975-Aryabhata to the current space missions undertaken by India

and from the Chandrayan 1 and Chandrayan 2 to cutting edge research technology. It was a very fascinating segment knowing how India is consistently going forward in the space race.

Next, we had 'What Does Republic Means to You?' where the audience and students were asked to put in a word or two about what Republic meant to them, in Slido Application which



then created an automated word cloud. The last segment of India's development was 'Path Towards Progress' that consisted of development taking place in the Infrastructure and Service Sector.

Lastly, we had 'Put Your Thinking Caps On!' a quiz segment which consisted of 10 questions with time limits for each question. The quiz was based on the entirety of the information provided in the programme. We had 3 winners for the same.



After the quiz, we had our principal, Dr. Bhagwan Balani who gave his inputs on the celebration as well as how significant Republic Day is for Indians and what we as the younger generation of individuals and teachers could do to make India a better place to live in. The faculty and Council In- Charges then shared their views on the programme and on Republic Day.

The programme ended with the formal Vote of Thanks given by Ms. Priyal Jain followed by the National Anthem.









SINDHI DAY CELEBRATIONS

The World Sindhi Language Day Programme was celebrated on 9th of April 2022. The programme that depicted the extravaganza of the Sindhi culture and language was commenced by the comperes, Ms. Pooja Jain, Ms. Madhuri Kotwani and Mr. Gaurav Aswani. It began with a prayer dance on the song 'Sindhu Vandana' by Ms. Ginni Khatwani and Ms. Hardika Rohira which was followed by the Principal Dr. Bhagwan Balani and the honourable guests lighting the lamp leading us from the darkness and ignorance to light and knowledge.

A short yet inspirational speech was given by Dr. Bhagwan Balani. He enlightened us about the 3 ornaments of Sindhis: **Simplicity, Affection and Truthfulness**. He said that these can be followed by all people, especially those in the teaching profession as these are universal to use.

The felicitation of the guests commenced. Our Chief guest for the day was Ms. Shobha Lalchandani, a prolific writer, a doyenne of 'Sindhiyat' who was felicitated by Dr. Bhagwan Balani. Our next guest was an eminent professional speaker, a corporate trainer, communicator, filmmaker and television producer, Mr. Susheel Gajwani. Mrs. Ashu Sharma, a devotional bhajan singer, organiser of chanting sessions for Buddhist followers, dubbing artiste and event manager was our next prominent guest. Our following guest was Mrs. Bharkha Khushalani, a prominent columnist and translator. She has also penned poems for children in Sindhi called 'Dadi ti Vaani' for which she received an NCPSL award. Our last guest of the day was Mrs. Lata Chhabriya Shroff, a proud Sindhian, associated with



Jivanmuktas where she takes spiritual lessons on the Bhagavad Gita. She has a simple philosophy- to laugh, love and live Life.

Ms. Ambica P. Motwani beautifully danced on the song 'Jeeye Sindh Jeeye' which amplified the Sindhi vibe and was a delight to watch. Ms. Hardika Rohira and Ms. Priyanka Makhija put up a wonderful performance on the songs 'Laado' and 'Oh Laal Meri Pat.' Ms. Juhi Rajusth and Ms. Satya Bhagtani, with their invigorating performance on a 'shaadi' song, 'Laado' got all of us out of our seats.









As a surprise to all of us, our very own Dr. Raju Talreja sang the song 'Allah Ri Allah' while in the background a slideshow of our professors and their spouses were shown. It was a joy to

get a glimpse into the lives of our teachers outside the professional setting. Ms. Hitaa Valecha and Ms. Rachel Rebello danced to the tunes of 'Ho Jamalo' indicated by their joy, energy and dedication.

Ms. Ginni Khatwani and Ms. Anupamaa Bijlani gracefully and joyfully danced to the tunes of a melodious and peaceful song 'Asanja Karj.' It was a beautiful sight to watch them. Next, a mix of 'Jhando Jhule Jhule', 'Aj ta Muhinjo Lal Aayo' and 'Lal Sai Dhuni' was played and a joyous and energetic Sindhi traditional performance using sticks was put up by Ms. Sachi Thawrani and Ms. Madhuri Kotwani.

Ms. Jaini Gala and Ms. Hufrish Damania danced on the song 'Jhule Jhule Muhinjo Jhulan Jhule'. Ms. Saloni Thadani and Ms. Gazal Sharma danced to the tunes of 'Jiye Muhinji Sindh'. The last performance of the day was marvellously and vibrantly presented to us by Ms. Aarti Pandey, Ms. Shweta Mishra and Ms. Kinjal Jain on the song 'Hath Mathe Kare'.

Once the students' performances came to an end, our melodious and spirited guests, Mrs. Ashu Sharma and Mrs. Lata Chhabriya Shroff sang the song 'Mast Kalandar' which was enjoyed by professors and students alike. The judges and the esteemed guests gave their impressions and feedback, encouraging and positively influencing each and every performer present there. The winners were announced; they were:

First Prize: Ms. Aarti Pandey, Ms. Shweta Mishra and Ms. Kinjal Jain; Second Prize: Ms. Jaini Gala and Ms. Hufrish Damania; Third Prize: Ms. Ginni Khatwani and Ms. Anupamaa Bijlani











RUBARU - FRESHERS PARTY

On 4th March, 2022, Friday at 10:00 am on the 9th floor, we had 'Rubaru 2022' which was a semi-formal euphoria meet of the F.Y.B.Ed. students with the S.Y.B.Ed. students. The event was organised by the Students' Council of S.Y.B.Ed. as a welcome or freshers' party for the matriculated students of F.Y.B.Ed. The students were given a small flash card of different colours and instructed to write an adjective beginning with the same alphabet as their name that would best describe their personality, followed by their name. They were instructed to sit in distinctive rows according to the colours on their name cards.

The event began with a warm welcome note from students in continuation with the motivating and inspiring speeches by the principal, Dr. Bhagwan Balani, Dr. Mandeep Kochar, and the faculty members of the college. There were a few spiffing and graceful dance performances by the S.Y.B.Ed. students, making the whole environment magnificent. The co-ordinators previewed a number of video presentations about the variegated clubs and organisations, where the students also gave their reflections on working for their respective clubs. The students of F.Y.B.Ed. were invited on stage to introduce themselves and share their experience with the college so far. Ms. Shreya Kshirsagar, Ms. Ashlesha Pujara, and a few of the students came forward to express their views in a creative way. The most captivating part of the day was the games. The co-coordinators hosted a few games for the juniors, who were heavily influenced by Bollywood. It was the most anticipatory session of the whole day, and the students mingled and enjoyed the moment. The winning teams of each game were given souvenirs'.

The students were then instructed to head towards the 7th floor to relish the delicious lunch organised and sponsored by the college. The students had lunch and then returned to the party. The event resumed with an interesting game that enlightened all the F.Y.B.Ed. students about themselves and helped them get to know one another thoroughly. The students were called on stage to introduce their partners.

The last part of the party began on a musical note with a singing performance by an S.Y.B.Ed. student, Mr. Hamid Raza Ansari, who warbled some melodies of Bollywood that were truly enjoyed by the audience. Music rolled in the air, compelling all the people to dance, and



the S.Y.B.Ed. students hyped the students to enjoy and dance along with them. The event ended with the clicking of group pictures and the interactions of the students.



COMMUNITY SERVICE

Reflections of the Students

Udaan India Foundation

During our time at Udaan Foundation, the four of us were divided into groups of two. We learnt lots of things while collaborating with them. We were two student teachers in a class of around 20 kids so we learnt how to divide the work among ourselves and be conscious of each other's time and teaching style. We were a part of the spoken english program so the kids we interacted and taught didn't know how to communicate in English fluently. Our major learning was knowing when to be patient and understanding and when to be stern with them as the age category was around 5 to 9 years and they were more challenging to deal with. We also made

sure to give examples or incidents that we face in our day to day life in order to connect with the kids. When we started on the first day till our last day we left class with a sense of contentment and satisfaction. We looked forward to our classes every day and always thought of creative ways to make it interesting for the kids instead of just going by the book. It was indeed a fulfilling journey and helped us get ready for what's in store for us as future teachers of the community.



- Sanya Susan D'souza, Priyanka Makhija, Sachi Thawrani, Hardika Rohira

Hariyali

Our nine days at Hariyali, Mulund has shown us a different segment of society which was till now largely ignored by us. This community service period helped us to move one step closer

to understanding the process of how to sow seeds, plant a tree, transplant a plant, rescue an endangered plant etc. Hariyali's Murar Road Nursery is a very quiet and nature-friendly place to visit and to get involved in the services for nature. It is located at the Murar Road BMS Nursery of Mulund in a noise free environment with a lot of plants, shrubs and trees that are planted by the volunteers and members of the organisation. It is a pleasure for us to say that the community service has really broadened our horizons of learning within our locality & community.



- Madhuri Kotwai, Puvana Nadar, Misbah Patel, Gaurav Aswani



Rnisarg Foundation

For our community work, we had to be trained and certified by AMOGS (Association of Maharashtra of Obstetrics & Gynecological Societies) to start volunteering for the same. Following which, we had to identify various communities, organise the teaching material for each of the sessions, conduct the session and report the necessary information gathered at each community session. This was an entirely new and unique experience for us. It prepared us as

teachers to know about the various things required to plan a successful workshop session. Our work taught us how small and simple changes in our daily life can impact the world positively. Our earth is unique in the universe & the only hospitable planet that exists, its preservation and conservation is our utmost responsibility. We learnt, taught & applied new practices into our lives & our communities by being associated with Rnisarg



Foundation. We truly appreciate this opportunity and are extremely grateful for this life-altering experience.

- Shreya Kshirsagar, Hitaa Valecha, Kiran Mishra, Dipannita Mondal

All Saints Home

The experience at All Saints Home enhanced our understanding of the phases of life. At college, we are studying the psychology of a child or a teenager, but being teachers the aim was also to try to be facilitators ourselves and hence we planned games and took inspiration from the Eco Club of BTTC and conducted 'back to school' activities. This helped us dive deep into understanding how much they enjoyed making bags and decorating them like children. They were happy to have us around and looked forward to the fun that we were going to be having with them.



This experience gave us the much needed confidence to be responsible and conduct tasks independently. It has surely made us much humbler towards life & the important values of family.

- Aamatullah Bagasrawala, Zahra Khokhawala, Krystal Erasmus, Corrina Vongeyer



Snehasadan

It was amazing to work with children. We found it was a changing day in our life. We realized the value of parents and felt gratitude for what God has given to us. We realized our weakness and strength through these 10 days. Every day was a challenge for us to handle the children and maintain discipline. We learnt to bond with children who are really innocent, honest and lovable. The sisters and father were very supportive in their nature without whom we would not have completed our work. children came from



different backgrounds and different religious places and stayed with each other by helping each other. The management skills and how to be patient we learnt throughout the days. So every single day was learning for us and it was also very enjoyable with kids. We really look forward to working more with these kids.

-Juhi Rajusth, Anjali Shukla, Nandini Gupta, Advait Vadarale

We can we will Foundation

The students that are associated with the NGO at Kandivali, attend the lectures and free lunch is served to them during break time. Regular lectures were scheduled for us from 19th May, 2022 till 31st May, 2022. The lecture timings were flexible and the timetable was revised on a

daily basis to accommodate needs of students and volunteers. Ms. Payal taught Geography, Ms. Divya taught Mathematics, Ms. Ashlesha taught Science and Ms. Aastha taught English to the students of class 9 and class 10. The students were enthusiastic, interactive and curious. Their attitude energized us and every day, we would look forward to teaching them and spending time with them. Each member of the group ended up bonding very closely with



the students. On the last day, tests were conducted by us to assess students' learning and understanding. The test results were above average and we were satisfied that our efforts have made a difference in their studies.

-Ashlesha Pujara, Payal Jagda, Aastha Purohit, Divya Nadar



Asha Sadan

We not only learned how to handle and teach the kids but our main motto was to create a bond with them and make them comfortable with us and the environment which we were successful in doing that and through this experience we learnt how to make the kids, teachers and comembers comfortable and have a healthy and wonderful environment.

We learnt that no matter what situation we are put in but as a group how can we tackle and handle things and be united. Mainly adjustment and accepting each member's ideas and inputs was our aim and we achieved it and learnt it through this work.

We also learnt how to deal with different age groups of kids; their emotional levels, their tantrums, their mood swings, etc...These all things not only taught us to be a good teacher but a patient listener, an empathetic person, who understands their kids very well.

We learned a lot of things, such as how to connect with children, how to handle them patiently, and how to teach them through various activities. There have been many difficulties during this community service, but it has actually helped us to identify what corrections need to be made in our teaching technique and child handling.





-Bushra Shaikh, Hemangi Patel, Chaitra Putran, Yasmeen Mansuri, Zuveria Mansuri, Nashra Sayed, Alina Siddique, Umema Manakia



Shree Manav Sewa Sangh

We learnt how to interact with kids in a class as before B.Ed course we were all in the students

position. Grabbing the attention of students was a tedious task as we have to be very creative in attracting their attention. So, we learnt how we can grab students' attention through various class activities.

We learned the value of punctuality and how being punctual is so important as a teacher in order to maintain discipline and to maintain a good record of ourselves as the supervisor watched our work and









understood about what are the problems are faced by underprivileged students and how they manage all this chaos in life with a smile on their face.

We also learned to respect all minute things which we have never noticed and learned how to be a more social person rather than being an introvert personality and being in our own world. This community work helped us to understand that even a small help can create a big difference in someone's life.

-Aaliya Basar, Alfiya Rizvi, Safiya Qureshi, Tarannum Shaikh

Sanskar India Foundation

The community work we did with the Sanskar India Foundation we realized that bringing even

the smallest of change in things we do carelessly can make a huge difference. It is only in our hands to save and conserve our environment and after completing the community work I will make sure to follow these changes every day and do my bit for the Earth.

We learnt many things under the shelter of Sanskar India Foundation. We realized how irresponsible we are as we harm our



environment in many ways. As per our community work, we learnt many things to reuse our household waste by collecting plastics and electronic waste. Our small habits of change can make our environment happy and bright.



During our time at Sanskar India Foundation, we understood the literal meaning of "little drops of water make a mighty ocean", every small step taken at individual level towards protecting the earth will go a long way. In our tenure of community service, I learnt a lot of things but the highlight of it was that there is no planet B, we need to protect, conserve our planet and reduce as much waste as possible.

-Kinjal Oza, Hufrish Damania, Jaini Gala, Shresha Koli

Ashraya: Elder's Paradise

It was really one of the most amazing and memorable days of our life. We had never thought of doing something like this and helping our Senior citizens in such a fun way that to without

getting bored or getting tired of this type of routine. Initially we were a bit of nervous that how will we be able to handle them or connect with them as they are so much elder than us and also they all must be having



different opinions and the way they see any situation will also be different. Communicating with them was a real challenge for us as we have not thought of such activity before and other than our grandparents we had not tried to communicate with someone who is so elder to us. So engaging them with the activities or tasks that we had decided seemed to be a difficult task for us initially. But, we were so wrong about this as everyone was so friendly that we just could not feel the age gap between them and us.

The way they see the world is also very different, their energy level at this age is just too good. Their excitement for any activities is just amazing, they taught us to enjoy our lives to fullest, how to be a good teacher, to view the world with a different aspect and be energetic and always be ready to deal with any kind of situation that comes our way. They were very enthusiastic as well as supportive. Although some were a bit difficult to handle just like a small child as we all must have heard this: *Old Age is nothing but it can be termed as return to Infancy or can also be called as Second Childhood*.

-Samrin Khan, Neelu Mishra, Thanvi Rao, Rachel Rebello



Spandan Yuva Pratishthan

We were ecstatic to see many students despite the students having summer vacation. We introduced ourselves to kids and asked the kids to introduce them. We wanted to know what subjects fascinated them and which subjects scare them. So we asked them to mention the subjects they like and dislike.



Majority of students were uninterested in science. Upon asking

them the reason, they said that they don't understand the subject because it's taught in English! Others said that they disliked studying science because the exams demanded long answers! Hearing this we realized their current state in both the subjects Science and English. So we focused on those two subjects. the 8 days we had spent with the kids and the learning of life that we received from those kids we wanted to give each kid a token of appreciation. So we gave each student a samosa, cake and chocolates.

-Karuna Gamre, Gayathri Muthusamy, Rutika Chourasia, Satya Rakshit



ADAPT VISITS

"Inclusion is more than a set of strategies or practices; it is an educational orientation that embraces difference and values the uniqueness that each learner brings to the classroom."

BTTC adopts innovative ways of teaching the student-teachers by conducting various cocurricular activities which makes learning experiential and fun. One such experiential learning activity was conducted on the 24th and 25th of March, 2022. The students of B.Ed. Batch 2020-22 visited the ADAPT Centers at Colaba and Bandra.

ADAPT i.e. Able Disabled All People Together (formerly known as The Spastics Society of India) was founded by Dr. Mithu Alur in 1972. Over three decades, from a special school with three children, it has grown to become one of the foremost non-profit organizations in the country, providing services to more than 3000 children and 10,000 families. Their services include assessment, infant stimulation, therapy, counseling, inclusive education, skills training, job placement, a continuum of support services, and home management programs for children and young adults with disability.

At Bandra, the B.Ed. students assembled in the meeting hall and were introduced to Mrs. Rekha Vijayakar who elucidated on disability and discussed children of the school, their special abilities, and treatment. She raised a thought-provoking question - What is normal when everybody is so different from each other? We were taken to different classrooms to observe the teaching-learning process. The students had different abilities and the degree of disability was of varying nature. The classrooms had functional ability charts on the board, highlighting the needs, communication styles, birthdates, and blood groups of students. There was also a Behaviour Modification chart with stars next to the names of the students that showed good behaviour on a particular day. This was followed by a session on the different courses that ADAPT offers, like 'Community Initiatives in Inclusion', 'Shadow Teachers Course', 'Caregivers Course', 'Parents Course', 'Inclusion Matters', etc. One must gain awareness about the norms regarding inclusion in schools belonging to different boards. Our experience would make us better equipped to be able to efficiently reach each child.



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At Colaba, the B.ED. students were shown a presentation on the history of ADAPT, the children they cater to, skills offered, training programmes and courses, and explanation of the real meaning of inclusion. Inclusion happens at three different levels, namely Micro, Mezzo and Macro. The micro level speaks about the level of classroom and school values, culture. It examines two key areas of school development and training. This is called the 'Whole School Approach'. The mezzo level is the level of community.

Based on action research, ADAPT has developed inclusive services within the community which they call the 'Whole Community Approach'. The macro level looks at policy legislation, at the local, state, national, international level, which ADAPT terms as 'Whole Policy Approach'. This examines existing policies, and their impact on practices as well as the changes needed. We were taken to different classrooms to observe the teaching-learning process. The teacher was providing them NIOS education at different levels – A, B and C. Each of them had a different ability and the degree of disability was of varying nature. We were assigned tasks to revise concepts in English, Science, and Mathematics. We helped the students solve worksheets on prepositions and multiplication. Cards, laminated sheets, charts, etc. were used as teaching aids.

The visits served the purpose of developing insights and an enhanced understanding of inclusivity.



VISIT TO POWAI LAKE

A cleanliness drive was organised by the NSS unit and Young Environmentalist Program at Powai Lake on 23rd & 24th April, 2022. The coordinator of the event was Elsie Gabriel who is the founder of a young environmentalist program.

On the 23rd of April, that is on Saturday we all were very excited to do the cleaning drive and save our earth, water and as well as our marine animals. For both the days we had to reach Powai Lake by 7:30 am in the morning and clean the beach.

As soon as we reached the location we were just amazed to see the beautiful environment around us with full of positive vibes and energy. There were many different colleges and also other communities who joined us for both the days. Everyone was given a pair of gloves and we were divided into groups of five, each group was given a bag to collect the waste. The coordinator instructed us about what and how to collect the waste. We all were given different spots to collect the waste. We all were working in teams collecting the waste from the lake to clean and beautify it. We also clicked lots of pictures together while working in a team. It was more inspiring when our college principal, Dr. Bhawan Balani sir was working with us, picking up the waste and being humble with everyone. It was a bright day for everyone who came to make a difference by taking small steps towards saving our earth, environment and also our marine animals.

After working in the sun with a beautiful smile on our faces, our 1st day of the cleanliness drive ended. We were also provided with drinking water. The coordinator was very happy to see us working hard and cleaning the beach in a disciplined manner. She appreciated all of us for doing such a great job. She also gave us more information about how we as individuals can bring a great difference to the environment to keep it clean and neat. She ended our drive on the first day by motivating us to do so in our daily lives as well and then we all left for our respective homes.

24th of April, 2022, Sunday we all were again at the Powai beach to clean it at 7:30 am in the morning. We followed all the instructions that were given on 23rd of April, Saturday. We all were given spots to clean the beach. It was fun doing that on day 2 because it was not sunny and we were enjoying the drive. We clicked lots of pictures as well. The climate was very pleasant on Sunday which created more positive energy to do work with full energy.

After cleaning, we all reported to the coordinator and our work was done. To appreciate our work, all the people who joined the drive were applauded by everyone. And the session ended. After everything got over, the entire class played together and created a beautiful memory and recalled our childhood memories again. And this was the end to our session on Sunday with lots of beautiful memories.













PARENT TEACHER ASSOCIATION

The Parents Teachers meet of Bombay Teachers' Training College took place on 18th September, 2021. The meeting took place on the Zoom platform under the guidance of teacher incharge Dr. Manisha Tyagi. This was the very first time that the parents interacted with the teachers online. The meeting started with a welcome note by Dr. Manisha Tyagi to the parents. Later, the college prayer was played to seek the blessing of almighty followed by a college profile being displayed.







Further Principal Dr. Bhagwan Balani gave an introductory speech and welcomed the parents. He said that this meet was held in order to interact with the parents. He encouraged the students to take initiative in the club activities and participate in huge number. He reflected that the teacher training programme was changing as the students cannot visit the college or schools for practice teaching so they had to manage through online medium. He mentioned the positive attitude of teachers towards working hard to train students online. He also stated that with the help of students the college organized many webinars and those webinars are available on the college's YouTube channel. He told the students would prepare videos and upload them on YouTube to create their digital footprints and would also be shared with the school teachers for their reference. He wanted suggestions from the parents for better learning of the students. He said that the students should not only aim for a job as a teacher but also set up their own identity.

Later, the session was handed over to Ms. Pooja Jain. She introduced the Centre for Cultural Resource and Training (CCRT) activity that was arranged on 8th May, 2021. In this the students represented different states and their cultures, a short glimpse of which was displayed for the parents. Following that was the Academic Process shared about the teaching, learning and assessment. Next was the teaching and internship experience shared by the students followed by introduction of various Clubs, Women Development Cell, Science Corner and activities

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conducted by these clubs. With upcoming modern technology there is a need to learn digital tools so the glimpse of Scaffolding Digital Competencies (SDC) i.e. ICT training given at BTTC displayed.

To preserve Indian Culture, BTTC focuses on various cultural activities which were displayed to our dear parents. Followed by Community Service work presentation as teachers being an essential component of society learn to serve the community at large. The students displayed

various national and international webinars that were arranged online for them and with the growing craze of social media how BTTC took various Social Media initiatives. With pandemic the need and initiative of E-Library was taken forward by the college to help students study without any hurdles.

That was followed by an interactive session where parents and the teachers conversed. The parents were delighted by the work done by the college. All the parents were in praise of the college. The Teachers and the Principal assured the parents that



good work will continue in the future. Later, all the teachers spoke and gave their impressions about the students. The teachers also praised the hard working and enthusiastic students they had. The Parents Teachers meet ended with a formal vote of thanks by Dr. Mandeep Kochar after which the National Anthem was played.



Visit to Nehru Science Center

Science Math club of Bombay Teachers' Training College organized a visit to Nehru science centre on Saturday, 12th March, 2022. We saw an amazing movie based on the life of Dolphins at the Odyssey. It was about the life of the dolphins, their habitat, various types of dolphin, in which region they are mostly found in, also about the way they communicate with each other, their relations with humans and about their intellectual qualities. After the wonderful movie on the life of Dolphins we headed towards the hall to watch another 3D movie named "Monsters of the Deep".

On the Way towards the Hall, we saw large models of different dinosaurs. It was about how life evolved on Earth some 450 million years ago and how there were changes in the structure of the creatures found deep inside the sea and ocean with the change in time. It was a 15 minutes' movie by the Ministry of Culture, a Government of India Body. The movie ended and we headed towards the Aviation Hall where different aviation related artefacts as well as some videos were being played on the achievements of ISRO.

We started exploring the place and learned about the basic principle that is Bernoulli's principle responsible for the flight of the plane. It was a wonderful experience to see the great scientist's discovery of various flying objects like plane, helicopter, kite and different ISRO missiles, there were miniatures of different satellites, missiles, Chandrayan, Mangalyaan, our Indian fighter planes and also a big picture of our Indian Space Researchers was beautifully posted on the walls. We then entered the SOS hall and there we had a 3D look at all the eight planets and were given a brief information about each planet and their satellites by Mr. Pulliwar. Everyone was mesmerized by the beauty of the entire 3D look of these planets and the reason for some being terrestrial planets while some others, where life cannot survive. We got the pleasure to attend the practical physics and chemistry Experiments. We were welcomed by a chemistry experiment, wherein there was something written on a sheet of paper which was earlier invisible and after spraying some chemicals we could see the message as "WELCOME TO SCIENCE CENTER". Then there was a fascinating demonstration of acid-base neutralisation experiments.

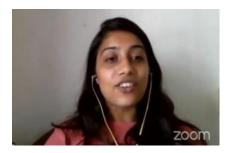




WEBINARS/SEMINARS/WORKSHOPS

COMMUNICATION WITH DICTION AND CONVICTION





The webinar on 'Communication with Diction and Conviction' was held on 28th of August, 2021. Ms. Azmina Khoja gave an introduction to the webinar following which Ms. Vidhi Shah Introduced the resource person, Mrs. Aarti Kapadia. She said that for communication, the most important thing after an action is to see the reaction. She gave us various practical tips for communication. One must be totally sure of what one is speaking and must be clear in one's speech. "Listen to understand, not just to reply." She spoke. A very important value she imbibed in us is that communication is at the core of a teacher's professional life. management, team management, management, stress management and adapting to changing situations is very important for a teacher.

She said that one grows when one is outside his or her comfort zone, to communicate and to build a good atmosphere. She talks about the steps of the communication process. Most important component in communication is to check for understanding. One must know whether understanding or comprehension has taken place in the other person. She said that a pitfall of communication is



preconceived notions and fixed thinking. She spoke of the fact that 65% of communication is nonverbal. She said one must be mindful of their body language. She said that there are some common mistakes that we make in verbal communication such as swallowing words, using filler words, speaking quickly, fidgeting and avoiding eye contact.

She further said that to have a winning conversation on Must Think Out of the Box (OBT) and Keep it Short and Simple (KISS). She also said that one must take the path between being aggressive and submissive. One must be Assertive. One must communicate with conviction through- study and emulate, use gestures, read out the material loud, receive



feedback, practice pausing. The Webinar ended with Ms. Pooja Jain who gave the Vote of thanks followed by the National Anthem.



INVESTOR'S AWARENESS PROGRAM

Investor's awareness program was on 3rd September 2021, Conducted by Prof. Amogh

Gothoskar. He asked a question "Why are you studying?" While participants answered in the chat box, Prof. Amogh's answer to it was "earn money." He spoke about two main factors regarding savings i.e., income and expense. He elaborated on Primary expenses and stressed on savings. He noted that rather than spending, we should save first. Ideally one should save 40% of their income. He urged us to have an emergency fund.

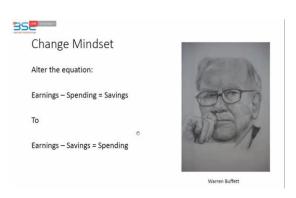
Prof. Amogh Gothoskar

There are two types of investment that offer you interest and another that offers you return. He asked us to keep the

following in mind. You should mentally prepare yourself for losses when investing. Diversify

your investments so you don't suffer an entire loss of money and risk will be reduced or minimised.

He briefed about types of taxes. We should also know about 'Asset Allocation'. Systematic investment plan is easy as one can save money every month. He also elaborated on Cryptocurrency. He urged one to Invest in a disciplined manner such as monthly or quarterly and stick to that for a long time.



He advised us to take some precautions when we invest such as:

Check the authenticity of the information. Ask experts and take their advice. Why is the market falling or rising? Try to find a reason behind it. High risk is always there in higher the interest or return. Try to follow legal transactions, try to check regulated transactions or go with traditional channels like demand draft or cheques.

Dr. Neelu Verma thanked him for the informative session and Ms. Dhrumi Vora winded up the session with a formal vote of thanks.



HOLISTIC HEALTH FOR HAPPINESS

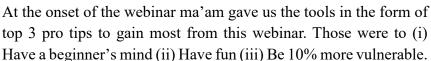
Holistic Health for Happiness took place on the 4th September, 2021. The Resource Person was Mr. Rayomand Mistry. Dr. Mandeep Kochar gave the audience an introduction to the webinar. Ms. Azmina Khoja elegantly introduced the Guest and Resource Person, Mr. Rayomand Mistry. Mr. Rayomand Mistry asked the students to be interactive as it would fulfil the purpose of the webinar. The resource person instructed the students that they would start with warming up. These exercises included neck exercises, Jumping jacks, hip rotations etc. The instructor then gave a short break to the students.

Next, he began with the main exercises. The various exercises done were 6 count burpees, the warrior pose, planks, postures such Cobra pose or Bhujangasana and the likes. He constantly kept motivating the students to give their best. He commented on how each exercise is to be done and the importance of it. Next came cool down practices such as Savasana, deep breathing exercises and OM chanting.

He appreciated the people who did the workout along with him, for pushing themselves to do more and moving out of their comfort zone. He asked everyone to not compete with others but with one's own self, pushing oneself to do one's best. He gave tips for good health. Dr. Bhagwan Balani spoke words of gratitude towards the guest, Mr. Rayomand Mistry. The Webinar ended with a vote of thanks by Ms. Janet James.

SUCCESS BY SCIENCE

Success by Science- Learn 3 simple but powerful research-based strategies to dramatically improve your performance, a webinar that took place on 26th November 2021 was conducted by Dr. Shamim Suryavanshi who has done Ph.D. in education. She is also a qualified corporate Coach with an Executive Diploma from The University of Hong Kong.



of ii)

The session was full of activities starting with projecting one's future by imagining our best year ahead and to what extent do we believe we will be able to achieve this. She also shared a



research-based fact that only 20% will be able to achieve what they have envisioned and the factor which decides this is our own mind.

She introduced the most critical concept of the webinar in the form of "Positive Intelligence Quotient (PQ)". She informed us that PQ is nothing but a way to measure

HSNC University, Mumbai Bombay Teachers' Training College



mental fitness. She also encouraged us to share our PQ score and explained what these scores mean. She explained that "PQ is the percentage of your time your mind is serving you versus sabotaging you". Through the formula, Achievement = Potential × PQ, she elucidated how PQ in combination with potential helps us to achieve something. Through an interesting dot exercise activity, she also helped us to realise how very often we underestimate our potential.

She briefly explained three core muscles of the brain which are at the root of mental fitness. (i) Saboteur interceptor muscle- Left part of the brain which work against us (ii) Sage Muscle-Right part of the brain which work in our favour (iii) Self- command muscle

She also informed us that PQ can be dramatically improved in 6-8 weeks. The strategies to improve PQ in order to achieve our maximum potential are 1) Weaken your Saboteur muscle 2) Strengthen your Sage muscle 3) Strengthen your self- command muscle

It can be improved through activities like seeing the brighter side of a situation, shifting attention to the body and five senses at least for 10 seconds, focusing on breath etc.

To sum it up, she also enlightened us that no one can achieve success in a day. It requires intense initial practice which will ultimately result in a feeling of fulfilment that one feels when one achieves the goal. This is how science helps us to achieve success.



ROLE OF WOMEN IN ENVIRONMENTAL CONSERVATION -A TalkFest

The Talkfest on Role of Women in Environmental Conservation on the 10th of January, 2022 was commenced by Dr. Raju Talreja who elegantly advanced the session. Dr. Bhagwan Balani gave an opening remark on how women were the most important stakeholders in the area of Environmental Conversation and how they nurture not just their own children, as mothers but also take care of nature and the natural environment that we all live in.

Dr. Bharti Chibber, an environmentalist, the expert for the session was introduced by Dr. Raju Talreja who put forth our speaker's achievements and her gratitude towards Dr. Chhibber for her graceful presence. The question and answer session commenced by Dr. Neelu Verma began by asking her an important question. She asked Dr. Chhibber to throw some light on the strain that growing population and technological advancements was putting on natural resources.

Dr. Chhibber said that environmental issues had not come up a decade or two back. In fact, it had been around for a long time. She said that development had not been sustainable and that it needs to be so now. Development should meet the needs of the present without compromising the requirements of future generations.



She spoke about how detrimental air pollution, greenhouse gas emissions and global warming could be by enlightening us about its disastrous effects. She then spoke about how women had been continuously contributing towards environmental conservation to which Dr. Chhibber reiterated the same and asked men to come forth and fill in as the role of environmental

conservators, alongside women. Women always had a stake in the process of environmental protection and sustainable development. Women were leaders in that area and played a critical role of a decision maker. Rural women also played an integral role in the same.

Dr. Neelu put forth examples of The Chipko Movement, The Green Belt Movement that played an important role in bringing out the voices of women. She then asked Dr. Chibber how these women's movements could affect the rest of the world. Dr. Chhibber said that globalisation might have drawbacks but there are benefits. It was brought to our notice that even though women's environmental movements are localised, their voices were reverberated globally.

On a related note, Dr. Neelu Verma requested Dr. Chhibber to give three ways in which one could conserve or protect the environment. Dr. Chhibber gave an example of Tulsi Gowda who



nurtured 40,000 trees, was a part of an afforestation programme led by the government and a Padma Shri awardee.

Next she gave the example of Almitra Pate who had filed a PIL for having a more hygienic waste management system. She pointed out that one should "Start at home" and segregate waste appropriately, reuse and recycle.

The 3rd example was Rahibai Soma Popere, A Padmashri Awardee who started the conservation of native seeds and had a seed bank to conserve crop diversity. She urged those from rural India to use native seeds and those in urban India to utilise organic seeds.

Two examples were stated on a global level, that of Lois Gibbs from New York and Olga Speranskaya from Russia. She stated that it is important to be aware of an existing problem but equally important to raise voice against that problem. As a response, Dr. Neelu Verma elaborated on the steps or initiatives that students of BTTC had taken to help conserve the environment which may have been small but were impactful.

Dr. Neelu Verma then asked her to take on environmental activism and if it was the only way to spread environmental awareness. Dr. Chhibber mentioned that activism was not the only way one could spread awareness. She stated that dialogue is one of the most critical aspects of environmentalism and activism and it is equally important to involve men in dialogues as it is to women. She also spoke about how women's involvement in decision making from the grassroot level to the highest level could make a huge difference.



She mentioned that carpooling could be a very good option to reduce environmental pollution and that there should be appropriate infrastructure such as cycling and jogging tracks which would also play a great role in curbing pollution.

Dr. Neelu Verma put forth the last question where she asked what impact do empowered women have on the entire world? Dr.

Chhibber stated that times were changing. Now, when women talk about environmental issues, people listen followed by the fact that use of natve language could be a great way in which women could connect to a local community.

Before the session ended, Dr. Mandeep Kochar added that the government must take strict actions and place strategic laws to ban environmentally hazardous activities to which Dr. Chhibber replied that laws are already in place however the execution and implementation stage is where we suffer the most.

The main takeaway of this session was that action for conserving and protecting the environment should be multileveled and one must work in tandem to fulfil the dream of a cleaner and protected environment. Lastly, Dr. Neelu Verma proposed the formal Vote of Thanks and ended the session on a positive note.



SEMINAR CUM WORKSHOP ON DIGITAL FILMMAKING

The Seminar started with Ms Shreya Kshirsagar introducing our guest speaker Mr Susheel Gajwani, about his foundation (Million Dollar Foundation) and his various achievements.

After this amazing introduction, Mr Gajwani himself addressed the audience and started with the seminar for the Day 1, wherein he gave us the gist about what film making is all about and how with the help of our creativity and talent we can contribute towards making the film. He also discussed how to direct the shots, indulging the audience and the effect of characters on the audience. Then he also mentioned what activities we are going to do for this two-day Seminar. He asked us to form a group of 7-8 members and then work on two assignments: making a short film and song picturisation.



After assigning us with this work, he showed us a short film "A Tale of the Mountains" a Sindhi folk tale revisited, a narrative by Mr. Gajwani and Ms. Menka Shivdasani. It was such an emotional love story of Sasui-Punhoon (the two divine lovers). It is a movie based on the famous poetic work by Shah Abdul Latif - a Sindhi poet.

After this, he explained about the VFX and how the recording is done. Then he also spoke about the difference between story, script, dialogs and difference between shooting a scene and a song. He also explained about different types of shooting angle: close-up and side angle. Some from the audience were asked to talk about themselves, wherein Ms Divya recited her own composed poem titled "from someone to everyone".

Later Ms. Ambica Motwani, played a song "Aao Chalein Kahin Dur " composed and written by her father, it was a heart touching and emotional song that was very well appreciated by everyone present.



Finally, the first day concluded by Ms. Yasmeen Mansuri giving an official vote of thanks to Mr Gajwani for his valuable time and teaching us all the amazing filmmaking techniques.

The Seminar resumed after a day break with new excitement and joy for the wonderful and creative upcoming day ahead. We shared our short video making experience with Mr. Gajwani about the fun and the new learning experience involved. The videos wetr played in the presence of Mr. Gajwani. The short films were on different titles like 'First day at School', 'The old Saas-Bahu Drama', 'Addiction', 'A thriller movie', 'A movie on suspense', 'Back to offline', 'Dil ka Kya Kasoor', 'Sameera ki Kahani', and last but not the least 'The Real Ram Lakhan'. Mr Susheel Gajwani gave his reflections on the amazing and creative videos that were shot by us. He was impressed by everyone's efforts, their ideas, their creativity and unique conceptualization.

A two-hour preparatory break for picturising a song for every group was assigned and then we all headed towards shooting the same with lots of excitement. It was like a travel back to the 90's time wherein we actually could feel the emotions, fun and the enjoyment of the old songs. We travelled through the new songs of the 21st century as well, it was really very amazing. Each experience was so overwhelming, that we could not take our eyes off them. Mr. Gajwani appreciated our efforts and he was amazed to see our creativity and the experiences that we had. Ms. Payal Jagda gave the vote of thanks to Sir for giving us such creative ideas, for his support and motivation that led to the successful execution of this Seminar cum Workshop.

SOFT SKILLS SYMPOSIUM

The seminar began with the college prayer. Ms. Ashlesha Pujara gave a formal introduction to our resource person for today who was Mrs. Aarti Kapadia. Our principal, Dr. Bhagwan Balani felicitated Mrs. Aarti Kapadia with a token of appreciation. She was then invited to speak and begin with the seminar. She started by mentioning how she got the title of "Walking Encyclopaedia". She mentioned the parameters for the seminar and asked the audience to define communication. She continued by stating that her seminar would be "everything out of syllabus". She continued by giving effective keys to good communication, that is, (i) "Listen more and speak less" and add feathers in your mind. (ii) "Cataloguing" formula - making notes



for future references, and old notes are like "cosy revision". (iii) "Communication with Diction & Conviction" which explains how you speak with clarity and articulation. Her examples were with respect to teachers' role and teaching and the introduction to the seminar was very detailed and interactive. She then shared her mantra for improving vocabulary and pronunciation through watching BBC News.



She called ten volunteers on stage for a fun activity called "Darling Don't Forget". Five volunteers were made to stand on the stage in a queue and the volunteers were standing opposite to them. One set of volunteers were asked to write 5-7 grocery items in a list and the other set of volunteers were asked to wait till then. The volunteers who made the list were asked to scream the items listed to the volunteers standing diagonally to them and they had to write the items to their best abilities of hearing. This explained "Organised Chaos". Two pairs were declared winners who were successful in doing the task. She mentioned the 'tortoise and hare' story and the moral "Slow and steady wins the race", where 'steady' is the key word. Mrs. Aarti elaborated on how we all meet 2 types of people in life and listed down qualities and personality



traits of those types and brought it to our realisation that neither of the two are wrong in any way and we must be a hybrid of these types. Mrs. Aarti then moved on to another activity with colourful pens and asked the audience to make a list of the things that they desire to do. The audience were completely engrossed in the activity. After some time, inferences were collected from the audience. This was the end of the first segment till 1 pm. The seminar resumed with the topic 'Conflicts'. The audience interacted with Mrs. Aarti about

conflict situations, conflict management, perceptions. Conflict resolution involves good communication skills and understanding perceptions. She then moved on to talking about teamwork and manifestation - "Thoughts become things" and tricks to great teamwork and leadership to achieve goals. Mrs. Aarti Kapadia spoke about what is required to make progress:

- (i) Unlearning, (ii) Edit your beliefs, (iii) Upgrade and expand,
- (iv) Spend every day learning, distilling, diversifying, subtracting from your knowledge pool, (v) find clarity through action, reaction, perception, reflections.

She brought it to our realisation that it is important to have a "Switch on and switch off policy".

Mrs. Kapadia then moved onto the last segment for the day, that was, the emotional quotient and with the help of a worksheet test she emphasised on always being the friend who is available. Each one present in the audience answered the questions asked in the test.



The audience gave their reflections and feedback. Dr. Bhagwan Balani came up and gave his reflections and called a bunch of members from the audience to come up and give more reflections about delivery and content of the seminar.



FACULTY ACHIEVEMENTS

- Four faculty members, namely Dr. Meenakshi Lath, Dr. Rajeev I. Jha, Dr. Mandeep Kochar and Dr. Priya Pillai were promoted to Professor grade.
- Prof. (Dr.) Rajeev I. Jha, Prof. (Dr.) Mandeep Kochar, Prof. (Dr.) M. A. Ansari, Dr. Manisha Tyagi, Dr. Neelu Verma and Dr. Raju Talreja received recognition as PhD Guide by HSNCU on 4th May 2022 in Education.
- Prof. (Dr.) Rajeev I. Jha received recognition as PhD Guide by HSNCU on 4th May 2022 in two subject disciplines: Education and Performing Arts.
- All the faculty members participated in conferences and presented papers.
- The faculty went as resource persons to various institutions including ZIET, Board Colleges and Universities.
- The HSNCB's Performing Arts Festival was organized on 8th March, 2022 at the K.C. College Auditorium. An invocatory dance in the praise of Shree Ram was performed by Prof. (Dr.) Rajeev I. Jha. The song Shree Ramchandra Kripalu Bhaj Man is composed by Tulsidas and sung by Bharat Ratna Sushree Lata Mangeshkar. The taal of the song is *Roopak* (7 beats) and raag is *Yaman Kalyan*. The music composer is Shree Hridyanath Mangeshkar.



• The HSNCB's Performing Arts Festival was organized on 8th March, 2022 at the K.C. College Auditorium. Dr Manisha Tyagi represented BTTC under the category of Faculty Talent Competition and performed a solo dance based on women empowerment. She secured 2nd Podium.





52nd ANNUAL DAY & PRIZE DISTRIBUTION FUNCTION

Bombay Teachers' Training College, a constituent college of HSNC University, Mumbai, celebrated 52nd Annual Day and Prize Distribution function. Students of all classes with their friends and family were present in the auditorium. The programme started with a welcome note by Prof. (Dr.) Mandeep Kaur Kochar. She proceeded the function by inviting Prof. (Dr.) Rajeev I. Jha on stage to speak about Prayer dance, to state its meaning and then invited the performers on stage. A beautiful Prayer dance was presented by Ms. Kinjal Oza, Ms. Rachel Rebello and Ms. Thanvi Rao (Students of F.Y.B.Ed). All dignitaries came forward with our Principal Dr. Bhagwan Balani to light the lamp.

The function proceeded with a college profile that displayed HSNC board members, Principal, Faculty members, college activities, different club activities executed so far and other events. The programme was then taken forward by some S.Y.B.Ed. students with formal introduction of the dignitaries and guests of honour present there. A heart-warming felicitation video prepared by Dr. Manisha Tyagi and Mr. Gaurav Aswani, was presented for Mr. Kishu Mansukhani which gave a peek into his professional life, thereafter followed by Cultural Extravaganza Kaushal Bharat



Kushal Bharat. The audience seemed to have enjoyed the dance performance to their heart's content. After a very enthusiastic and energetic performance, the guests were invited to give their reflections. The programme was taken forward with the Felicitation of Educationist & Alumni. Prize distribution ceremony of students from ECEP and D.El.Ed. was conducted by Dr. Neelu Verma and Ms. Sapna Chhabria. They announced the names and prizes for the following categories such as, Most sincere student, Most Disciplined student, Outstanding Contribution, Magazine committee, Academic excellence, Cultural trophy, etc. These prizes were awarded by the Principal and the Guests, joined by Faculty members. The function ended with a formal Vote of thanks delivered by Ms. Ambica Motwani.

The audience was requested to rise for the National Anthem which was sung live by a group of F.Y.B.Ed students. Formal Group photographs of different classes and committees along with the guests, principal and faculty members were taken. All the guests and students with their friends and family enjoyed lunch together in the classrooms on the 7th and 9th floor. The segment 2 'Cultural Program' was held unofficially by the students of different classes.



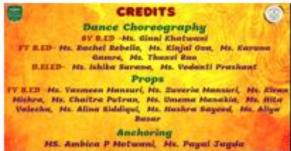




















The theme of the Annual day was 'Kaushal Bharat Kushal Bharat', conceptualized by Dr. Manisha Tyagi, coordinated by the B.Ed. students - Ms. Ambica P Motwani, Mr. Hamid Raza, Ms. Sanya Susan D'souza and Ms. Payal Jagda and performed by students of BTTC. The dance ballet was based on the theme 'Kaushal Bharat Kushal Bharat'. It focused on empowering the youth of our country by training them in industry-related fields. It depicted how BTTC also prepares students to enhance their skills, not only to become better teachers, but also to become an asset to our society. The dance ballet concluded with a curtain call, where Dr. Manisha Tyagi along with all the performers came together to showcase the different activities of the college on the song 'Jai Ho'.





Díploma in Elementary Education (D.El.Ed.)

Academic year 2020-21 propelled us to acquire new skills for enhancing teaching learning experiences to achieve the objectives of teacher education. At BTTC, a series of webinars covering a variety of topics including but not limited to teaching strategies, wellness, online teaching apps made the new challenges of motivating students to successfully complete their courses and sustaining the number of enrolments, truly interesting.

We began offline lectures in early 2022, and chose to run a few extra miles to enable the smooth transitioning from teaching in an online mode to the offline. Like the previous academic year, in this year too we conducted the events according to the need and dates. While online, apart from the common events for all students of BTTC, such as national festivals, CCRT programme, and so on, the S.Y.D.El.Ed. students under the guidance of D.El.Ed. teachers, organized an impactful orientation for the F.Y.D.El.Ed. 2021-22 batch.

We continued with our partnership with the Sanskar India Foundation to organize the webinars Eco friendly celebration of festivals. These webinars are organized a little prior to each of the festivals to inculcate the sense of responsibility towards the environment even as we follow our age-old traditions. Mrs. Shruti Vashishth from Sanskar India Foundation demonstrated the making of Rakhis, Ganesha idols, Diwali and Christmas decorations by using eco-friendly and inexpensive materials and avoiding plastic completely. We learnt the use of some ingredients from our kitchen to make Holi colours. We thank the head of Sanskar India Foundation for this continued partnership and lecture cum demonstration sessions by resourceful persons in our common goal of maintaining a sustainable environment.

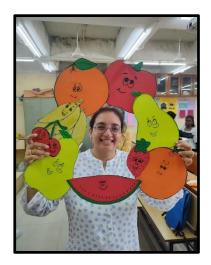
The Christmas event was celebrated online, where the students of both classes participate in carol singing and dances. We appreciate our students' involvement in such activities which require teamwork, while still in lockdown. Our lectures online continued and got better as we consistently up-skilled by using a variety of digital resources. Students' interest and involvement in exploring the new digital apps and features was seen at all times.

We celebrated the 75 years of Independence as per the guidelines from the education department during this academic year. Our students enthusiastically participated in Azadi ka Amrit Mahotsav Skit Competition themed around "Stories of Freedom Fighters" and in Ek Bharat Shreshtha Bharat whose theme was Pattachitra Art and Warli Art.





BTTC Week was celebrated with huge vigour. D.El.Ed. students participated in all events – Hum Tum interclass Dance competition, Nupur interclass group dance competition, Most Promising Teacher Personality Contest, Cookery Competition, and Flower Arrangement Competition. In addition to the participation in various activities, S.Y.D.El.Ed. and S.Y.B.Ed. students designed the stage backdrop for all the events of BTTC week. The aesthetics of the backdrop was appreciated by all.

















A visit to the Nehru Science Center was organized for both the classes of DElEd. We thank the Staff of NSC for arranging a session where simple experiments, based on the concepts of



Physics and Chemistry were effectively demonstrated. Our students explored the Science on Sphere at Nehru science Center and had a good discussion with the resource person to look at the possibility of conducting lessons for students in alliance with the Science on Sphere. The walk through the galleries at NSC was a good learning experience for students. Science Exhibition "Let's Plan-it Together!" presented Extinct Plants and Animals and Green Initiatives, Students of both classes created

models and literature for the exhibition. Students' had done a good amount of research to develop the delightful exhibits.

Academic Accomplishments

Second Year Diploma of Elementary Education

Ms. Ankita Jain – 1st rank

Mrs. Kiran Shah – 2nd rank

Ms. Hafsa Multani – 3rd rank

First year Diploma of Elementary Education

Ms. Ishika Surana – 1st rank

Ms. Hafsa Multani – 2nd rank

Ms. Jamila Morkas – 3rd rank



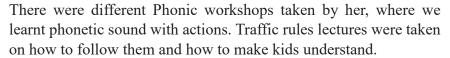
HIGHLIGHTS OF ECE PROGRAMME

The early childhood education programme at BTTC is an amalgamation of practical, cultural, moral and disciplinary experiences. The course has pushed the threshold of all the boundaries we thought we could never cross. The students gained a lot of knowledge, earned certificates and studied subjects which otherwise could never have been available to us.

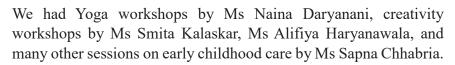
We had a series of workshops by the Sanskar India Foundation taken by Ms Shruti Vashishtha, where she helped us to make best out of waste organic things, like, toran, rakhis, lanterns, etc. She also taught us how to celebrate festivals in an eco-friendly manner. We learnt to make Ganpati with Shadu Mitti and had an opportunity to make our own colors for the Holi.



Many puppetry lectures were also conducted by Ms Rinti Sengupta where the students learned to make different puppets like hand puppet, finger puppet, glove puppet, Stick puppet, etc. We learnt how to make a digital story and do a voiceover for the same. Mam taught us the value of music for children and we made musical instruments using everyday things to be used as instructional material in the classroom.



The content workshops were also innovatively taken. We were taught how to take lessons with various kinds of teaching aids and instructional material. We learnt how to start teaching the little kids with love and affection. BTTC has given importance not only to curricular activities, but to co-curricular activities as well. We have, as one big family, celebrated all the festivals with 100% zeal and enthusiasm.









We had many important day celebrations like Women's day, Teachers day, Independence and Republic day, World Environment day, etc. We attended many workshops and seminars on various themes relevant to the teaching profession to enrich and enhance our knowledge about the contemporary times.



We had a series of workshops for drawing, art and craft. Ms Aparna Sheth from Pidilite took sessions, where we learnt different activities like free hand painting, vegetable painting, making snowman with socks, making frames with pasta, etc. We learnt shades, tint and tones. We made fruits and vegetables with clay, did spray painting, stencil painting, pebble art, fabric dolls and much more!





















Though the ECEP is just a few months programme, we can proudly say BTTC has made us better individuals in this one year and has prepared us to face the wonderful world that is lying ahead of us with confidence. Our teachers have put in their best to make us skilled and lovely teachers having the readiness to become life-long learners and handle the little ones with tenderness and care. Their inspirational words, like beautiful footprints, have been etched in our hearts and minds forever. We've become better teachers and better individuals.

Even though the course was online, we can surely say that we could make the best use of our time and learn in the most interesting and effective manner.



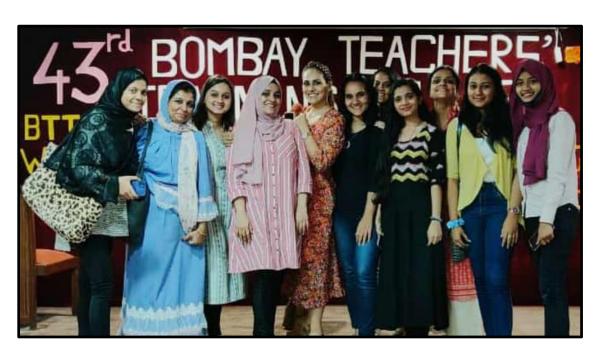


















FACULTY ARTICLES

Our "Mental Thought Patterns" are navigated by our Emotional choices

Prof. (Dr.) Mandeep Kaur Kochar

Dear students, our journey of learning in this life is perpetual but not ultimate. At the beginning we are known as "Students" as we advance, we become "Disciples", and as we age, we gather experiences, and accumulate many lessons of life and become "Masters". On the successful completion of your training period to be a teacher, I congratulate you and advise you that as 'Masters' you must share the best of our knowledge with tender minds for uplifting mankind forever.

This uplifting process is a very important gift to the teacher fraternity for our own spiritual development too. The feelings that I am going to share with you are coming straight from my heart, & that's what I have learnt to practice with myself in my life.

We need to learn and accept that while interacting with children or learners and while transacting our communication, the management of our own thought process is in our own hands. Our mental "Thought-Patterns" form our actions in life and our body shapes its states of health and disease. We must remember that both the good in our lives and the sicknesses are the results of our mental thought-actions and the behavioral patterns we develop from the directions or commands. These in turn, form our life's experiences and our own style.

We all have many thought patterns. Positive thoughts produce good, positive, and happy experiences which we cherish and enjoy. But at the same time, we also have or feel negative thought patterns that produce uncomfortable, un-rewarding, and harmful experiences. It is these harmful thought-actions that we while interacting and transacting should be more vigilant about and must have our accountability. Therefore, it is suggested to check our thinking patterns, so that we can modify our experiences and reinstate our health status.

Since, most of us are untrained in the matters, how to replace old stubborn thought patterns of negativity with quality ones and change unpleasant habits that affect our life, it is my desire to make constructive suggestions, recommendations, and provide the readers good ideas that will help them to change or reverse their negative thought-actions, misdirected negative emotions and feelings, and support them to restore perfect health and joy to their body and soul.

To develop more positive thoughts, we must understand the "Negative Mental Thought Pattern". The BIG four feelings or negative emotions "Anger, Criticism, Guilt and Resentment" if used repetitively can be most harmful and can manifest in our body as a sickness or disease. So as soon as you recognize any negative feeling within, you must correct or change it into a positive direction. Do not let your impulsive but acute negative emotions manifest within your body for a longer time period to let it become a chronic disease. The big problem with us as



adults is that we do not accept our negativity and unknowingly without recognizing its consequences, we keep nurturing it. Social Acceptance or Recognition due to lack of confidence in ourselves to accept the reality erodes and eats away our body.

What can be possible means for overcoming these, A strong Affirmation for positive change, a truthful appreciation of people around you, Meditation for gratitude with pure thoughts, laughing in enjoyable manner are some of everyday genuine practices. Any willful decision to speak words that will produce unpleasantness must be avoided. Be quick to apologize when your unvoiced mind tells you that you are at fault. Develop a good habit to listen to your mind. Avoid criticism but polish your abilities and your achievements will go higher. It takes time for our mind to reverse the existing negative condition, so try to seize the moment when it tries to enter in your thought process. Your control over your emotions can override your abilities to perform, your willpower and your belief System. Be wise and choose your thoughts well, every moment, because life is a cluster of moments.

Guru Nanak Says, "Man Jeete Jag Jeet"
Which means regulate your own mind, your emotions & WIN over yourself &
That's your victory over the world.

Navigating the Crossroads: Tips for Choosing your Career Path

Prof. (Dr.) Rajeev I Jha

The Context:

Class Nine, period of English subject, NCERT textbook 'Beehive'. The teacher recited the famous and much acknowledged poem composed by Robert Frost 'The Road Not Taken': (*The Theorem*):

"Two roads diverged in a yellow wood, And sorry I could not travel both And be one traveler, long I stood And looked down one as far as I could To where it bent in the undergrowth;

Then took the other, as just as fair, And having perhaps the better claim, Because it was grassy and wanted wear; Though as for that the passing there Had worn them really about the same,

And both that morning equally lay In leaves no step had trodden black. Oh, I kept the first for another day!



Yet knowing how way leads on to way, I doubted if I should ever come back.

I shall be telling this with a sigh Somewhere ages and ages hence: Two roads diverged in a wood, and I— I took the one less traveled by, And that has made all the difference."

What an apt poem for the students studying in Class Nine! As we all are aware that Class Nine is a turning point in the life journey of an adolescent. My son is such a traveller currently.

Deciding about whether to opt for an additional Skill Education subject (CBSE Curriculum), or none, and further if going ahead with it, whether to opt for Artificial Intelligence or Introduction to Financial Markets, the two options offered by his school, might seem to be a minor and a miniscule career choice. However, for the learners at this stage, it might be their first brush with the daunting task of deciding the right alternative for themselves.

The poem 'The Road Not Taken' resonates with their situation well.

Obviously, that period for the adolescent learners was characterised as that of utter confusion, storm and stress, along with the newness of the 'burden' to undertake the responsibility of choosing the option that would prove to be the right choice later on.

This soup of emotions, societal perceptions and intellectual debates stirred the father-figure in me into action. I tried my level best to provide him some experiential guidelines, to help him choose, except of course the decision-making itself. My better half and I discussed the various pros and cons that we could think of with my son. We encouraged him to gather empirical data regarding each option.

What follows is a summarisation of the outcome of this exhilarating process as well as the wisdom so developed by engaging in it.

The Proof:

Deciding on a career path can be a daunting task, especially when you are faced with multiple options. It is common to feel overwhelmed, anxious, and unsure about making the right choice. However, by taking a strategic and mindful approach, you can navigate the crossroads and choose a career that aligns with your values, interests, and skills. Here are some tips to help you make an informed decision:

1. Self-reflection: Start by reflecting on your interests, values, and strengths. Ask yourself what motivates you, what you are passionate about, and what skills you excel at. This will help you identify the careers that align with your core values and strengths.



- 2. Research: Once you have a list of potential career paths, research each one thoroughly. Look into the job prospects, salary, and work-life balance of each option. Talk to professionals in the field and seek advice from mentors or career counsellors.
- 3. Gain experience: Consider gaining some practical experience in your potential career fields. Internships, job shadowing, or volunteering can give you a better understanding of what the job entails and whether it is a good fit for you.
- 4. Evaluate your options: Once you have gathered all the information, evaluate your options. Consider the pros and cons of each career path and how they align with your long-term goals.
- 5. Trust your gut: Ultimately, trust your intuition and choose a career that feels right for you. It is important to listen to your inner voice and not get swayed by external factors such as peer pressure or societal expectations.

The Solution:

Remember that choosing a career path is not a one-time decision. It is a continuous process of learning, growth, and self-discovery. It is okay to make mistakes and pivot if needed. By taking a mindful and strategic approach, you can navigate the crossroads and choose a career that brings you joy, fulfilment, and success.

(The Corollary):

"When all's said and done, all roads lead to the same end.

So it's not so much which road you take, as how you take it."

- Charles de Lint

Post pandemic Impact of Covid on education of students

Prof. (Dr.) M. A. Ansari

Post pandemic impact of covid has its impact on several domains of society, in the general educational sector and in particular on education of children from Pre-primary level to University level. Shift to online mode of education affects student's academic attention and again shifting from online mode to offline mode was difficult to adjust. It had its severe effect on educational domain specially the 3H (Head, Heart & Hands). Students seeking education were most affected because the routine was changed after the post pandemic. For example, students might have psychological back effects of this pandemic situation and now they are more concerned for a healthy society than academics. Another interesting fact about students is that they have become lazy, not ready to participate in physical activities, severe effect on writing skills, memorizing essay type of answers, giving importance to online games etc. Thus, alarming for all the educators and education policy makers, the shift from online to offline methods of teaching, as some of the students remain absent from the campus due to some



reason or the other. This might affect students' academic motivational level and several domains, putting an impact on their learning experience.

Learning motivation is one of the most important factors which directly affect academic achievement of the students. Post pandemic, the majority of the students face many problems and they are unable to continue their study. This may be the probable reasons like initiative in participating in physical activities, learning styles and many of them find themselves difficult to concentrate, lack of interaction, lack of motivation and want to remain in the virtual world. Finally, at the outset all the future educators should be equipped with online as well as offline methods of teaching by blending their digital literacy skills, learning content, engaging students in practical skills etc.

Yoga for Teachers: A Powerful Tool for Self-Care and Stress Reduction

Dr. Manisha Tyagi

As teachers, we all know the importance of taking care of ourselves in order to be able to effectively care for our students. One powerful tool for self-care and stress reduction is yoga. Yoga is an ancient practice that involves physical postures, breath control, meditation, and deep relaxation. It has been shown to have numerous physical and mental health benefits, including reducing stress and anxiety, improving flexibility and balance, and promoting overall well-being. Let's explore the ways in which yoga can benefit teachers, and provide some tips for incorporating yoga into our daily routine.

Benefits of Yoga for Teachers

As teachers, we are often faced with high levels of stress and burnout. This can have a negative impact on our physical and mental health, as well as our ability to effectively teach our students. Yoga can be a powerful tool for reducing stress and promoting overall well-being.

Reduce stress and anxiety: Yoga has been shown to reduce levels of the stress hormone cortisol, and to improve mood and reduce anxiety.

Improve physical health: Yoga can improve flexibility, strength, and balance, and can help to alleviate chronic pain.

Improve mental health: Yoga can improve concentration and focus, and can help to reduce symptoms of depression and anxiety.

Increase self-awareness: Through the practice of yoga, we can learn to become more aware of our thoughts, emotions, and physical sensations, and to develop greater self-compassion and self-care.

HSNC University, Mumbai Bombay Teachers' Training College



By incorporating yoga into our daily routine, one can improve physical and mental health, increase self-awareness, and cultivate greater self-compassion and self-care.

Here are some tips for getting started:

Start small: If you're new to yoga, it can be overwhelming to try to do a full practice every day. Start with just a few poses or a short meditation each day and gradually build up your practice over time.

Create a dedicated space: Set up a space in your home where you can practice yoga. This can be a corner of your bedroom or even just a spot on the living room floor. Having a dedicated space can help you to stay focused and committed to your practice.

Practice with a friend (Sakhi/Sakha): Enlist a friend or family member to practice yoga with you. Having a partner can make it more fun and help keep you accountable.

Use online resources: There are many online resources available for practicing yoga, including videos, classes, and apps.

Listen to your body: It's important to listen to your body and not push yourself too hard in your yoga practice. If a pose feels uncomfortable or painful, back off or modify it to suit your needs.

Incorporate mindfulness: Mindfulness is an important aspect of yoga, and can help to reduce stress and promote relaxation. Try to incorporate mindfulness into your daily routine, whether it's through a formal meditation practice, or simply by taking a few minutes to focus on your breath.

Practice regularly: Consistency is key when it comes to reaping the benefits of yoga. Try to practice at least a few times a week, and ideally, every day.

Join a class: Joining a yoga class can be a great way to stay motivated and to connect with other like-minded individuals. Many studios offer classes specifically for teachers, so be sure to look for those in your area.

Make it a part of your lifestyle: Incorporate yoga principles into your daily life, such as mindfulness, breath awareness, and self-reflection. This can help you to live a more balanced and mindful life both on and off the mat.

Adopting yoga into day-to-day life is a wonderful way to improve physical and mental health. By starting small, finding a time that works for you, creating a dedicated space, practicing with a friend, using online resources, listening to your body, and incorporating yoga principles into your lifestyle, you can make yoga a regular part of your routine and enjoy its many benefits.

"Embrace Yoga and Discover Your Inner Peace"



Gadget Addiction: Potential Risks for Teachers

Dr. Neelu Verma

It has become appallingly obvious that our technology has exceeded our humanity.

~ Albert Einstein

Gadget addiction has become an increasingly common phenomenon in modern society. With the widespread use of smartphones, tablets, and other electronic devices, it's easy to get caught up in the constant stream of notifications, updates, and information that these gadgets provide. While technology has undoubtedly made our lives easier and more convenient in many ways, it's also important to recognize the potential risks and negative consequences of excessive gadget use for teachers.

One of the main issues with gadget addiction is its impact on our mental health. Spending too much time on electronic devices has been linked to anxiety, depression, and other mental health issues. This is partly because gadgets can be a source of stress and distraction, particularly when we feel compelled to constantly check our notifications and keep up with the latest news and social media updates. Additionally, excessive gadget use can interfere with our ability to relax and unwind, leading to feelings of restlessness and insomnia. Teaching has become a profession with a lot of stress and gadget addiction worsens it.

Another problem with gadget addiction is the effect it can have on our physical health. Constantly staring at a screen can lead to eye strain, headaches, and other visual problems. It can also encourage a sedentary lifestyle, which can increase the risk of obesity, heart disease, and other health problems. In addition, the blue light emitted by electronic devices has been shown to disrupt sleep patterns, which can further contribute to a variety of health issues.

In addition to its impact on our health, gadget addiction can also have a negative effect on our relationships and social lives. When we're constantly glued to our screens, we may be less present and engaged with the people around us. This can lead to feelings of isolation and loneliness, and may even strain our relationships with friends and family members. Additionally, excessive gadget use can interfere with our ability to communicate effectively, particularly when it comes to face-to-face interactions.

So, what can we do to prevent or address gadget addiction?

In today's modern age, electronic devices have become an indispensable part of our daily lives. From smartphones to laptops, they have become an integral part of the way we communicate, work, and learn. As teachers, it is essential to strike a balance between electronic devices and daily life to ensure a healthy work-life balance.

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Electronic devices have revolutionized the way we teach and learn. With the advent of online learning platforms, teachers can now reach out to a broader audience and deliver their lessons with ease. However, it is essential for teachers to find a balance between electronic devices and daily life. Here are some tips to help teachers achieve this balance:

- 1. Set Boundaries: As a teacher, it is crucial to set boundaries when it comes to electronic devices. You can set specific times of the day when you will use your devices and times when you will not. For example, you can avoid using your devices during meal times or before going to bed.
- 2. Prioritize Your Tasks: It is essential to prioritize your tasks to avoid getting overwhelmed. As a teacher, you may have multiple tasks to complete, such as preparing lesson plans, grading assignments, and attending meetings. You can use electronic devices to help you manage your tasks by using apps such as Google Calendar or Trello.
- 3. Take Regular Breaks: Taking regular breaks is essential to prevent burnout. You can use your breaks to engage in physical activities such as taking a walk or practicing yoga. Avoid using your devices during your breaks to give your eyes and mind a rest.
- 4. Engage in Offline Activities: It is important to engage in offline activities to maintain a healthy work-life balance. You can engage in activities such as reading, painting, or playing a musical instrument. These activities can help you relax and recharge your mind and body.
- 5. Practice Mindfulness: Practicing mindfulness can help you stay focused and present in the moment. You can practice mindfulness by engaging in activities such as meditation, deep breathing, or yoga. These activities can help you reduce stress and improve your overall well-being.

Finding a balance between electronic devices and daily life is essential for teachers to maintain a healthy work-life balance. By setting boundaries, prioritizing tasks, taking regular breaks, engaging in offline activities, and practicing mindfulness, teachers can achieve this balance and improve their overall well-being.

As we continue to rely on electronic devices in our daily lives, it is important to be mindful of our usage and take steps to ensure that they do not take over our lives.



ABC – Transforming Education

Dr. Raju Talreja

India cannot remain isolated by adhering to a strict system of awarding degrees in a global context when nations are advancing towards one another for knowledge sharing and innovation. The ABC regulation's clauses have the power to standardise our higher education system.

One of the statutory organisations, the University Grants Commission (UGC), is crucial to preserving the standard of instruction in all Indian educational institutions.

UGC periodically develops several schemes for quality assurance, from assessing teaching-learning practices to bringing innovations to the field of education.

The "Academic Bank of Credits" (ABC), another step in the process of creating transformational educational set-up, has been created by UGC. The management and verification of student credits is made easier for the teachers.

The National Education Policy (NEP) 2020 of the Government of India originally envisioned it as a credit facility. The plan calls for building a digital infrastructure to house the academic credits that students from the nation's numerous higher education institutions obtain.

The ABC will be in charge of tasks including opening, closing, and validating each student's individual academic account. Additionally, it will be in charge of collecting the academic credits that students have earned from their different higher education institutions, validating them, storing them, transferring or redeeming them, and disseminating them among its stakeholders as and when necessary.

Understanding ABC

Centralised Repository: The credit bank, which functions similarly to a bank account, will be an online repository where students' academic credit—calculated based on their participation in tutorials and classwork—would be kept. Through a formal system of credit recognition, credit accumulation, credit transfers, and credit redemption, this will provide seamless student mobility between or within degree-granting Higher Education Institutions (HEIs). A maximum of seven years, or the time period designated for a particular discipline, shall be the validity period for credits submitted on the ABC platform. All of the credits that students have accrued up until that point will be removed from their separate accounts once they have received their certificate or degree.

Customised Learning: ABC gives students additional options and latitude when selecting institutions and courses, enabling a diverse range of academic, vocational, and other educational programmes. In higher education institutions, a student can choose from a variety



of admission and exit points as well as a customized degree. They can decide to enrol in one course per year at one institution and change to a different one the next year.

Supports Student Mobility: Reduced time commitment minimises the probability of student dropout and increases social mobility for students from economically disadvantaged backgrounds. Higher education is more approachable and appealing because students don't have to start from zero. Students can track their progress towards their qualifications even if they are unable to finish the entire programme of study. They can also be rewarded for learning that they have already accomplished. This may increase self-assurance and inspire further education.

Collaborative Processes: ABC can encourage and support inter-institutional collaborations, improving educational quality.

Promotes Employability: Promotes the use of vocational courses, multidisciplinary courses, and multimodal approaches, all of which help students make better professional decisions, increasing their employability. Because academic programmes are flexible, students will be able to obtain a job after receiving any type of award and return as often as necessary to advance their credentials. This will lower the dropout rate and increase the gross enrollment ratio (GER) in higher education.

Diverse Options: Under this provision, credit transfer and credit accumulation will also be taken into consideration for students who are enrolled in courses provided by National Schemes like SWAYAM, NPTEL, and V-Lab. Those accepted into skill courses at accredited higher education institutions that grant postgraduate diplomas, certificate programmes, or vocational degrees or diplomas are also qualified to accrue and redeem credits under ABC.

EdTech: UGC promotes using a blended teaching-learning approach to implement ABC. All institutions should allow students who enrol in classes through the Study Webs of Active Learning for Young Aspiring Minds (SWAYAM) platform to add such credits to their transcripts. According to the UGC, universities should implement and promote the Massive Open Online Courses (MOOCs) provided through the SWAYAM platform to maximise the advantages for students. SWAYAM may be used by an institution for up to 40% of all courses offered in a programme during a semester, according to the guidelines controlling the SWAYAM platform.

A Credit Bank for students Allows students to accumulate credits for prior learning experiences 90.45 Lacs Total No. of ABC IDs Total No. of ABC IDs (Universities, Pist) registrate for ABC ID Total No. of ABC IDs (Universities, Pist) registrate for ABC ID Total No. of ABC IDs (Universities, Pist) registrate for ABC ID Total No. of ABC IDs (Universities, Pist) records with orable data magged with ABC ID



It has the potential to be a game-changer for the Indian higher education system, which lags behind many developed and developing nations in terms of quality, accessibility, cost, and equity.

We're just getting started now. Still more miles to go

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Chat GPT and How can it help Librarians?

Prof. (Dr.) Priya Pillai, Librarian

ChatGPT is a public tool built by OPEN AI introduced in late Nov 2022. you may be surprised what a ChatGPT can do. It can generate emails, recipes, computer codes, song lyrics and many things. ChatGPT has been trained in looking into large amounts of text from large data of web pages, news articles, multiple language sites and so on. Higher education, especially after its launch, feared that students may use ChatGPT to generate essays and use it as an assistant to write research papers. For Research, this technology can be used to brainstorm ideas, generate keywords, and even to write a literature review. Many applications of ChatGPT such as improving search and discovery, reference and information services; cataloguing and metadata generation; and content creation, can be implemented in Libraries. Last year Nature reported that some scientists were already using chatbots as research assistants — to help organize their thinking, generate feedback on their work, assist with writing code and summarize research literature (Nature 611, 192–193; 2022). It's very difficult to identify a computer generated abstract. Nature and Springer are working on developing alternative technology to curb this issue

Content Creation is easier and faster using ChatGPT: Large Language Models (LLMs) can be used to create first draft of content for any LMS. This content may require a review and editing but as per the literature it's a 20% task for content creators now. The AI research laboratory behind ChatGPT, OpenAI, states that its mission is to create AI that "benefits all of humanity." We don't know how much it can be true with its statements.



ChatGPT has been used by several and gets the benefit from analyzing and debugging code to generate code based on problem statements. Chat GPT can be used to develop better softwares Better software in libraries can be developed easily using ChatGPT.

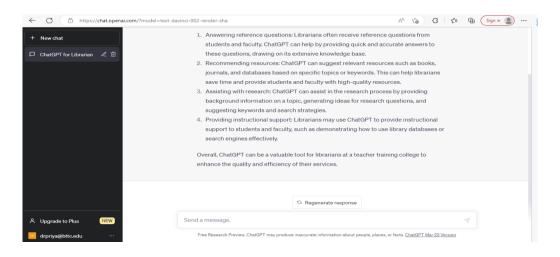
When a question is asked to ChatGPT, generally it gives answers by going through a large amount of text, it may not be able to give exact reference for the information it generated. Secondly, Chat GPT can be used unethically for generating malicious spam messages and email. Thirdly, one should also be aware of the currency of data. The Chat GPT needs frequent updates to provide recent data.

While asking a response in ChatGPT for my topic above, the response is:

As a language model, ChatGPT can be helpful to librarians at a teacher training college in a number of ways. Here are some examples:

- 1. Answering reference questions: Librarians often receive reference questions from students and faculty. ChatGPT can help by providing quick and accurate answers to these questions, drawing on its extensive knowledge base.
- 2. Recommending resources: ChatGPT can suggest relevant resources such as books, journals, and databases based on specific topics or keywords. This can help librarians save time and provide students and faculty with high-quality resources.
- 3. Assisting with research: ChatGPT can assist in the research process by providing background information on a topic, generating ideas for research questions, and suggesting keywords and search strategies.
- 4. Providing instructional support: Librarians may use ChatGPT to provide instructional support to students and faculty, such as demonstrating how to use library databases or search engines effectively.

Overall, ChatGPT can be a valuable tool for librarians at a teacher training college to enhance the quality and efficiency of their services.





ALUMNI REFLECTIONS

Ms. Fatema Contractor Member of IQAC – BTTC Batch 2016-2018

'No distance of place or lapse of time can lessen the bound of those who are thoroughly persuaded of each other's worth' – Robert Southey

This quotation resonates perfectly with the warmth and affection Bombay Teachers Training College and its Alumni share for one another. It has been a vision of the management to strengthen the alumni network of BTTC and provide us with a platform to connect and to contribute to our Alma Mater.

To support this vision, the medium chosen is social media and WhatsApp groups. These groups are active and interactive. We the students are furnished with important information regarding upcoming examinations like CET, NET, SET etc. The group is an effective medium to share details about job openings and vacancies in various schools and colleges. It is a delight to see the group



flooded with messages on occasions like Guru Purnima or a faculty member's birthday. This medium keeps us connected with the institution as latest happenings like 'BTTC Week' and Campus placement details are also shared regularly. Indeed, we feel we are an essential part of the college through this strong communication channel.

BTTC empowers all its stakeholders. Well-being of all is the heart of the campus. The Alumni are provided with various opportunities, for instance we are invited to judge various competitions organised at the college. The Campus Placement of the Institution is open for the Alumni as well. We were permitted to appear for interviews on the campus for schools and colleges from Mumbai and Overseas. In spite of passing out years ago, we can still rely and fall back on our college for helping us progress in our careers. It is a sheer Blessing!

Every year on Annual Day, College identifies & honors the STAR Alumni of the Year. This recognition is a great driving force for the alumni and inspires the upcoming teachers to contribute towards social causes and the teaching fraternity.

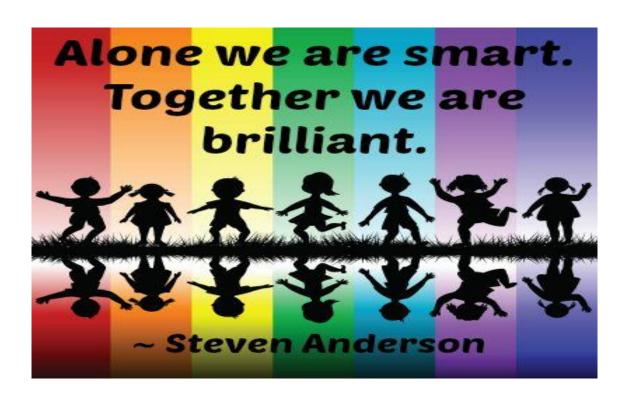
Being an Alumni is not just a title, but a lifelong commitment to the growth and success of the institution. With this dedication the Alumni have shared their expertise and experiences through several seminars and webinars on interesting and relevant topics. This not only helps and guides the current batch of students but also helps us as Alumni to enhance our skills and be connected with the institution.



During Covid-19 Pandemic and lockdown, the college's Zoom platform was most vibrant for all its Alumni. The quality of webinars and FDPs organised by BTTC were nationally recognized. The Zoom platform continues its outreach Post-lockdown too. This is a boon for the Alumni students.

With great zest the faculty organised a Virtual Alumni Meet. It was attended by alumni in large numbers. Not only did the recently passed out batches but also the batches ranging back to 2000s attended the meet with the excitement to interact with their batchmates and the members of the faculty. It was called an Alumni Reunion but we knew it was Home-Coming!

Every time I have returned to the college or interacted with the faculty; it rekindles positive memories of my years on the campus. It offers me the opportunity to reflect on how much the college has grown, prospered and become diversified not only for the student body but also in the programs it offers in the field of education. It is only moving onwards and upwards and we the Alumni are together in this journey, always!







M. A. Education Batch 2020-2022



B.Ed. Batch 2020-2022



B.Ed. Batch 2021-2023



BOMBAY TEACHERS' TRAINING COLLEGE

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